

**ATHLETICS FEDERATION OF INDIA**

# **INDIAN ATHLETICS MANUAL 2020**



**ATHLETICS**  
**FEDERATION OF INDIA**

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(As on 24<sup>th</sup> August 2020)



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# **ATHLETICS FEDERATION of INDIA**

## **INDIAN ATHLETICS MANUAL**

Athletics comprises of diversified events like Running, Jumping, Throwing, Race Walking, Cross Country Race and Road Running. It requires different types of infrastructure, equipment & implements, with the involvement of variety of stake holder's like large number of Athletes, Officials, Volunteers, Organisers, Athletics Administrators, Sponsors/Promoters, Media etc. The Organisers of Track & Field Competitions have multifarious functions to perform for ensuring the efficient and successful conduct of the same. It requires various other arrangements such as lodging facilities as defined by Athletics Federation of India (AFI) from time to time, preparation of the Field of Play (FOP), arranging the infrastructure, mobilizing Equipment & Implements, deployment of Technical Officials and other required manpower including Sports Specific Volunteers, ensuring proper Medical facilities at Competition site as well as accommodation venues, arranging sufficient drinking water and refreshment including snacks, Coordinating with Print, Visual and Social Medias, inviting the Guests and various other Dignitaries, conduct of the Competition in accordance with Rules & Regulations and so on. In order to bring uniformity in the conduct of various Athletics Competitions at National level, this Indian Athletics Manual will provide a comprehensive Guideline as well as Rules & Regulations for the host Member/Unit.

### **I. AIMS & OBJECTIVES:**

**The objectives of publishing this Indian Athletics Manual are:**

- i. To achieve successful and efficient conduct of the Competitions organised by Members/Affiliated Units and various other Organisers in the country by implementing the Rules and Regulations and related Guidelines published by the World Athletics (WA) and AFI from time to time.
- ii. To bring uniformity in the conduct and the organisation of various Athletics Competitions in the country.
- iii. To provide a conducive "Field of Play" (FOP) to the athletes for achieving their highest level of performance.
- iv. To provide a fair and equal Competition environment to all the athletes participating in the Competitions.
- v. To make available the WA/AFI approved Equipment/Implements/Infrastructure to all the participants.
- vi. To inform all the participants and other stakeholders about the Competition Schedule well in time.
- vii. To define the duties, responsibilities and rights of AFI and the host and other Members/Unit/ Local Organising Committee – (LOC) with regard to the Competitions.
- viii. To specify the duties and responsibilities of Organisational Delegate, Technical Delegate(s), National Technical Official(s), Other AFI Delegates, Organisers, Competition Director, Competition Secretary, Athletes, Coaches, Team Officials, Volunteers, and Others involved in the Competition.

### **II. COMPETITIONS:**

Athletics Federation of India is the apex body of Athletics in India and is responsible for the popularization and development of Athletics, to conduct the Athletics Competitions in the country and frame Rules & Regulations regarding the same from time to time.



The Competitions conducted by the AFI are divided in two categories - "I" & "II".

**Category "I":**

A. - It consists of the following Competitions:

The competitions conducted by AFI but not on regular basis as follows:

Any International Competition e.g.:

- Asian Athletics Championships or World Championships etc.;
- South Asian Athletics Championships;
- Any other Competition allotted/approved by AAA/WA;
- Trial to select Indian Team for various International Competitions etc.

AFI will directly handle these competitions or may allot it further to any other member Unit/State/Organization/Department/Individuals etc. as may be feasible.

**B. Competitions for Seniors, Juniors and Combined Groups**

1. National Open Athletics Championships. (Duration 5 days)
2. National Inter State Seniors Athletics Championships. (Duration 5 days)
3. National Federation Cup Seniors Athletics Championships. (Duration 5 days)
4. Indian Grand Prix Competitions. (Duration 1 day)
5. National Youth (U18 years) Athletics Championships. (Duration 3 days)  
(For U18 Men & U18 Women).
6. National Federation Cup (U20 years) Juniors Athletics Championships (Duration 3 days)  
(For U20 Men & U20 Women).
7. National U23 years Seniors Athletics Championships. \*(Duration 3 days)  
(For U23 Men & U23 Women).
8. National Junior Athletics Championships. (Duration 5 days)  
(For U20 Men, U20 Women, U18 Men, U18 Women, U16 Boys, U16 Girls, U14 Boys and U14 Girls)
9. National Inter District Junior Athletics Meet (NIDJAM) (Duration 3 days)  
(For U16 Boys, U16 Girls, U14 Boys and U14 Girls).
10. Zonal Junior Athletics Championships. (Duration 2 days)  
(For U20 Men, U20 Women, U18 Men, U18 Women, U16 Boys, U16 Girls, U14 Boys and U14 Girls)  
{Zone wise: East, North, South & West Zone separately}
11. National Open 400m. Championships. (Duration 2 days)  
(For Men, Women, U20 Men, U20 Women, U18 Men, U18 Women, U16 Boys and U16 Girls)
12. National Open Javelin Throw Championships. (Duration 2 days)  
(For Men, Women, U20 Men, U20 Women, U18 Men, U18 Women, U16 Boys and U16 Girls)
13. National Open Relay Championships. \*(Duration 2 Days)  
(For Men, Women, U20 Men, U20 Women, U18 Men, U18 Women, U16 Boys and U16 Girls)
14. National Cross-Country Championships. (Duration 1 day)  
(For Men, Women, U23 Men, U23 Women, U20 Men, U20 Women, U18 Men, U18 Women, U16 Boys and U16 Girls)
15. National Open Marathon Championships. (Duration 1 day)  
(For Men, Women) {Age more than 18 years}
16. National Open Race Walking Championships. (Duration 2 days)  
(For Men, Women, U20 Men and U20 Women) {Minimum age 16 years}

Any other National Competition which is approved by the Assembly of AFI.

\* - Introduced in the year 2020.



The Competitions mentioned above shall be conducted every year directly under the sole authority of AFI. The Rules & Regulations and Guidelines of WA as well as AFI will be followed in organising these Competitions. The duration of these Competitions may be changed only by AFI, if deemed necessary.

**Category "II"** - It includes all those Competitions, for which AFI grants Permission/License to any other Government Department/Individual/Private Party/Board/ Affiliated Unit/Club/Organisation / International Organisation/Agency [Subject to the approval of Government Agencies] etc. It will be called "Invitational Meet" and the status of the Competition will be decided by AFI. AFI has the right to allot and/or grant permission for any Competitions (Marathon/Road Races etc.) to any Individual, Boards, Affiliated units, Clubs, Organization of State or National level or International Organisation/ Agency [Subject to the approval of Government Agencies]. The minimum Capitation/Registration fee or Guarantee money for organising these competitions will be as follows:

Capitation/License fees for All India Athletics Competitions:	Rs. 5,00,000/-
Capitation fees for All India/International Marathon & Road Races:	Rs. 5,00,000/- +
For affiliated Units:	10 % of Prize Money.
For other Organisations:	Rs. 50,00,000/- +
	10% of Prize Money.

{The amount mentioned is the minimum guarantee money payable to AFI, which may be altered depending upon the size / stature / Prize money of the Competitions / Race}.

### III. AGE for JUNIOR ATHLETES

1. The date of reckoning the age for athletes participating in age group Competitions will be as on the last date of the Competition. This will be valid for all Age Group Competitions mentioned in category "I".

*Note: If there is an International Competition in a particular year, the reckoning of age will be as intimated by the International Athletics forums {World Athletics (WA), Asian Athletics Association (AAA) etc.}. The selection of Indian Team will be based on the age bracket sent by WA/AAA/SAAF/IOA etc.*

#### 2. Date of Birth – Junior Athletes

Only the following Date of Birth certificates will be valid for Age Verification, which have been obtained within One year of the birth of an athlete -

a). Athletes below 16 years:

- (i) Certificate issued by "BIRTH & DEATH" Registration office of a Municipal Corporation/Nagar Mahapalika/District Headquarters.
- (ii) Certificate issued by "BIRTH & DEATH" registration office of a "Village or Grama Panchayat".

b). Athletes above 16 years:

- (i) Certificate of Matriculation/High School/Higher Secondary class issued by a recognized Board of State Government or Central Government.
- (ii) Birth Certificate from the Birth & Death Registration Office of Municipal Corporation/Nagar Mahapalika/Village or Grama Panchayat & School Leaving Certificate, if he or she is drop out.
- (iii) Birth Certificate from the Municipal Corporation/Nagar Mahapalika/Village or Grama Panchayat, if he or she has not gone to school at all.

3. Age Verification will be done in accordance with the details mentioned in Protocol - Annexure "G 1 to 5".



4. It is mandatory to produce the original Date of Birth (DOB) Certificate at the time of 'Age Verification'. The Athletes, who have been issued Biometric ID cards by the AFI, will not be required to bring proof of DOB with them. AFI reserves the right to again investigate the DOB, in case of any objection or doubt raised by competent officials.
5. It is mandatory to bring Biometric ID Card issued by the AFI in each Competition.

#### **Prevention of Age Fraud**

The Athletics Federation of India (AFI) & its affiliated State Athletics Associations will henceforth follow all the provisions contained in the **"National Code against the Age Fraud in Sports"**.

### **IV. ALLOTMENT OF COMPETITIONS**

Expert Committee of AFI will prepare the proposed calendar of Athletics Championships. The State/UT Athletics Associations / Boards / Institutions will bid for the various competitions at least six months in advance. The proposal will be approved by Executive Council and finally will be approved and adopted by Assembly of the Federation.

The application to host any Competition covered under Categories I & II can be sent to the Secretary, AFI on prescribed Proforma {Annexure "A"}, well in advance, before the AFI Calendar is finalised every year. The President and Secretary of that Unit must sign the application. AFI Executive Council is authorised to decide on these applications and forward it to Assembly for its approval. However, if there is no bidder for any Competition, under special circumstances, the President/Secretary AFI has the right to allot any Meet to any of its affiliated Unit, even without their consent. Once the Competition is allotted, the host and AFI will sign an agreement on the prescribed format for which the proforma is enclosed {Annexure 'B'}. The host has to conduct the Competition on the terms and conditions provided in this manual. If any affiliated State/Unit fails to organize the allotted Competition, that Association will be declared as an Associate Member, without having voting right.

### **V. DATES OF COMPETITION**

The Expert Committee of AFI will decide the dates for various Competitions covered in Categories I & II considering the International Calendar. Only AFI has the right to change the dates and venues of the Competitions. In case of any change in date or venue of the Competition by the Host, it will be liable for a fine of Rs. 2,50,000/- (Rupees Two lacs and Fifty Thousand). The host will also be responsible to pay all losses incurred due to the change in the date/venue, to different parties and also be responsible to pay the losses incurred due to cancellation of Railway tickets of participants to the affected parties.

### **VI. ELIGIBILITY TO PARTICIPATE**

All the affiliated States/Union Territory Athletics Association affiliated to AFI are entitled to enter their Athletes in all the Competitions under Categories I & II.

The affiliated Boards/Institutions can enter their teams only in the following competitions:

1. National Open Athletics Championships.
2. National Federation Cup Seniors Athletics Championships.
3. Indian Grand Prix Competitions.
4. National Open 400m. Championships.
5. National Open Relay Championships.



6. National Open Javelin Throw Championships.
7. National Cross-Country Championships (Men & Women groups only)
8. National Open Marathon Championships.
9. National Open Race Walking Championships (Men & Women groups only).

The recognised Units/Boards of AFI can only enter their teams in the under mentioned Competitions:

1. Indian Grand Prix Competitions.
2. National Federation Cup Seniors Athletics Championships.

## **VII. VENUE**

1. It is mandatory to conduct all Senior (Men & Women) National Competitions and National Junior Athletics Championships {NJAC} on the synthetic track, approved by AFI. If there is an offer/request to host the NJAC on any other suitable surface duly approved by the Technical Committee, AFI may consider to do so.
2. Indian Grand Prix Competitions may be conducted on any other suitable surface as approved by AFI.
3. All other Competitions will be conducted on a suitable surface as approved by AFI.

## **VIII. COMPETITION SCHEDULE**

The AFI Technical Committee in consultation with the Chief Coach will publish the standard format of Competition Schedule for all the Competitions. In line with this format, TD(s) in consultation and with the approval of the Chairman, Technical Committee, AFI, will prepare actual Schedule of the Championship for which he/she is appointed. This Schedule will be published at least 90 days prior to the start of the Competition. However, the organisers will also be consulted and their views shall be taken in to consideration by the TD(s) with regard to the prevailing Field of Play conditions or any other matter, prior to the finalization of the actual Schedule. Day wise Schedule will be published along with the Start List during the Competition days according to the final confirmation of entries which may have differences from this published Schedule.

## **IX. LAST DATE OF SUBMITTING ENTRIES**

All the participating Units must send their Entries "**ON-LINE**" to AFI, latest by fifteen (15) clear working days prior to the first day of the Competitions. The On-Line entry for NIDJAM (National Inter District Junior Athletics Meet) shall be accepted at least ten (10) clear working days from the first day of the Meet.

If any of the Affiliated State / UT Athletics Associations / Affiliated Units /Boards/Institutions or Recognised Units/Boards fail to send the Entry in time, that Unit will not be allowed to participate in that Competition. However, due to some unavoidable circumstances like natural calamities etc., the President / Secretary AFI may consider to wave-off this period as a once off and a special case.

AFI will forward the details of Entries to the Organisers before seven days of the Championships and also details will be uploaded on AFI Web-Site.



## **X. ENTRY STANDARDS FOR PARTICIPATION IN THE COMPETITIONS COVERED IN CATEGORY 'I'.**

The AFI, in its web-site, will publish standard performances for each event by 31<sup>st</sup> December every year for accepting the entries in various age groups (both for Seniors & Juniors), which will be applicable for the subsequent year. However, the affiliated Units will be allowed to send a maximum of 2 Entries, preferably one male and one female to compete in all Competitions without achieving any entry standards, if none of the athletes achieve the same.

## **XI. ENTRY.**

The Entry will be accepted only through “**ON-LINE**” system and mandatory fields must be filled, without which it will not be accepted.

### **1. TEAM:**

- a) For each State Association/Affiliated Unit, a maximum of Three Entries per event is allowed in National Inter State Seniors Athletics Championships (Men & Women), National Open Athletics Championships (Men & Women), National U23 Seniors Athletics Championships (Under 23 years, Men & Women), National Federation Cup Juniors Athletics Championships (Under 20 years, Men & Women) & National Youth Athletics Championships (Under 18 years Men & Women) except Relay, where only one team may be entered with World Athletics Rule of Additional Athletes.
- b) All the Affiliated States are allowed to enter a maximum of Two Entries per event in Zonal Junior Athletics Championships and National Junior Athletics Championships, except Relay where only one team may be entered with World Athletics Rule of Additional Athletes. (For U20 Men, U20 Women, U18 Men, U18 Women, U16 Boys and U16 Girls).
- c) All the affiliated States/Union Territory Athletics Associations/Boards/Institutions are allowed to enter their athletes in National Cross-Country Championships as per the rules mentioned hereinafter in Technical Rules (XXVIII – 25 – Cross-Country Championships – Scoring & Ties) & {Details of National Competitions – 13}.
- d) All District Athletics Associations affiliated to their respective State Athletics Association are allowed to enter their athletes in the NIDJAM (National Inter District Junior Athletics Meet) as per the rules mentioned hereinafter in “Details of National Competitions – 9”.
- e) Four Athletes may be entered in each relay event in all Athletics Competitions. Any Four Additional Athletes from among those entered for the Competitions, whether for Relay or any other event, may be used in the composition of the Relay Team in any Round. **World Athletics Competition & Technical Rules 2020 - Part 'I' - Para 24.10 of Rule 170 {Relay Races}**

### **2. ENTRIES for INDIVIDUAL ATHLETE:**

- Seniors: An Athlete can enter in Two individual events and in Two relay events.  
Juniors: An Athlete can enter in Two individual events and in One relay event.

In case of U18 Men & U18 Women and U16 Boys & U16 Girls, if both the individual events are track events, only one of these events can be longer than 200m.

An Athlete below 16 years of age is not entitled to enter in any of the higher/upper age group competitions.



### **3. MINIMUM NUMBER of ENTRIES/ACTUAL PARTICIPANTS FOR HOLDING THE EVENT:**

Seniors: The Event (Including Relay Races) may be conducted with minimum number of FOUR entries/Actual Participants from Three different States/Units.

Juniors: The Event (Including Relay Races) may be conducted with minimum number of THREE entries/Actual Participants from Two different States.

In case, if the entries/Actual Participants are less than the numbers specified in above paragraphs, the event shall be conducted for the purpose of recording the

performances. No certificate and medals shall be awarded in that event and points will not be awarded for deciding the Team Championships.

In cases where athletes failed to participate after final confirmation entries or after qualifying in a round failed to participate in the next round or failed to compete honestly with bona fide efforts, he / she shall be excluded from participation in all further events in that Competition including Relays as per provisions in the World Athletics Technical Rule 4.4

## **XII FLAGS**

- 1. AFI FLAG:** The specification of AFI flag will be as follows:
- a) **SIZE:** Length: 150 ± 2 cm. Width: 100 ± 2 cm.
  - b) **CLOTH:** SILK.
  - c) **LOGO:** The "AFI Logo" will be printed in the middle of the flag with AFI written below AFI Logo: The Size of AFI Logo will be 30 cm. in diameter. AFI will be written below the AFI Logo in a length of 120 cm.  
*For design details, please see Annexure "C".*

### **2. STATE ASSOCIATIONS& UNIT FLAGS:**

The specification of State/Unit flags which will be carried by the Competition Department of AFI during National Competitions will be of 135 cm X 90 cm. The Colour of the Flag, logo and name of the State Association/Unit will be as per their standards.

## **XIII. CERTIFICATES and MEDALS:**

### **1. CERTIFICATES:**

- a) The Merit/Diploma Certificates will be issued by AFI to the winners of First Three places in each individual event. In Relay Races, the certificates will be issued to the winners of first three teams. Actual additional Athletes in relay events will also be given Merit Certificates (Maximum Eight Athletes). Actual term is considered for an athlete who participated in any round/stage of the event.
- b) The Participation/Souvenir Certificates will be issued by AFI to those Athletes who have actually participated and achieved the entry standards fixed by AFI for the year.
- c) The Merit/Diploma certificates will be issued only after receiving the Report of "Age Verification Committee" for age group Competitions & "Dope Test" from NADA.

### **2. MEDALS:**

The medals GOLD, SILVER, BRONZE will be awarded to the first three winners of each individual event. In Relay Races the same system, relevant in awarding Merit Certificate will be followed. The details of design of the Medal are given in Annexure "D".



#### **XIV. ATHLETES' KIT**

It is mandatory for the Athletes representing States/Union Territory Athletics Associations/Boards/Institutions, to wear the Kit as approved by AFI. It is the responsibility of all affiliated units to inform and take an approval from AFI for the colour and design of the Athletics kit much in advance and positively before the start of the Athletics season every year. No other Kit/Uniform except the approved one will be allowed during the Competitions in category "I"&"II". No Athlete can wear uniform of Indian team during Domestic Competitions even if he/she had represented India and the Kit is given by AFI.

#### **XV. QUOTA of OFFICIALS WITH THE TEAMS.**

Every participating State/Unit should appoint Manager/Coach with their team. The number of Officials {Managers and Coaches} will be decided on the basis of team strength. The details are as under:

No. of participants - 1	to	10	= 1 Manager or	1 Coach.
11	to	30	= 1 Manager &	1 Coach
31	to	40	= 1 Manager &	2 Coaches
41	to	60	= 2 Managers &	2 Coaches
61	& above		= 2 Managers &	3 Coaches. {Maximum}

It is mandatory to appoint at least One Manager with the team. In case of team comprises the Female Athletes, One Female Manager/Coach is also mandatory.

More Team Officials may be nominated but no facilities will be provided to them, by LOC.

#### **XVI. RESPONSIBILITIES OF THE MANAGER(s)**

The Team Manager

- Must ensure that all the Athletes/Officials attend the Opening, Medal and Closing Ceremonies.
- Must ensure that Athletes report in the Call-Room within stipulated time, specified in the Competition Manual/Technical Hand-Book.
- Must ensure that Athletes report as per the scheduled time in proper uniform for the Medal Ceremony.
- Is responsible for sending the athletes for Dope Test, if asked by NADA Officials.
- Is responsible for the discipline of the athletes.
- Shall attend the meeting(s) convened by the Organisers (LOC)/AFI.
- Must confirm and reconfirm the Entries of his athletes in stipulated time.
- Has to ensure that if an athlete after submitting the confirmation, has not participated in that event, without any authorisation by the Medical Delegate, he/she must not participate in any further events including Relay Races in that Competition. This is in accordance with the "Technical Rule 4.4 of WA - FAILURE to PARTICIPATE".
- Shall stay with the Team in the accommodation provided to them.

## **XVII. RESPONSIBILITIES OF THE COACH(s)**

### **The Team Coach(s)**

- Shall be responsible for training of athletes outside the Competition area preferably in Training Venue.
- Must not interfere in the conduct of any event and should not enter the "Field of Play".
- Must be present in the Warming up Area and ensure the presence of the athletes for the Competition.
- Will be responsible for the discipline of their athletes.
- Will attend the meeting(s) convened by the Organisers (LOC)/AFI.
- Must ensure that "No-Needle" policy is adhered throughout the Competition.
- Will stay in the accommodation provided for the Coaches.

## **XVIII. RESPONSIBILITIES, DUTIES and RIGHTS OF AFI**

### **Athletics Federation of India (AFI)**

- Will be responsible for allotment of all Competitions.
- Will be the sole and overall, in charge of the Competitions.
- Will prepare Competition Calendar in a booklet form, which contain the following information:
  - The Address, Telephone/Mobile Number, E-mail etc. of the Organisers.
  - Type of Track, FOP, Warm up and Training Facilities etc. at the Competition site.
  - Weather conditions at the host city.
  - The exact location of the Venue and the way to reach there via road, rail and air.
  - Name of the Organisational Delegates, Technical Delegates and National Technical officials.
  - Name of the Organising Committee Chairman, Organising Secretary, Competition Director, Meeting Manager & Competition Manager.
  - Last date of Entry
  - Type of accommodation to be provided by the Organisers.
- Will issue the Merit/Diploma Certificates to First three winners [Only after the declaration of Dope Test result] and Participation/Souvenir Certificates for all participants who have actually participated in the events and achieved the minimum Entry Standard for participation in all the events of National Competitions.
- Will be responsible to ensure that only eligible (after verification of age) athletes are allowed to enter in Age Group Competitions.
- Will ensure that standard Equipment/Implements approved by World Athletics (WA) /AFI are used in the Competition.
- Will nominate Organisational Delegate, Technical Delegate(s), Medical Delegate, Competition Director, National Technical Official(s), Media In charge, Members of Age Verification Committee, Competition Department Officials & any other Officials who are necessary to supervise the facilities as per their assignments & responsibilities for making the Athletics Competition successful.
- Will maintain close contact with the Organiser (LOC), participating States/ UT / Units & nominated AFI Delegates.
- Will decide the Guest of Honor for at least 60% of the Victory Ceremonies (Medal Award) to be conducted during the Competition.
- Will prepare the details of results of all the Competitions conducted during the year and will also upload in its website.



- Will publish the schedule for each Competition as per the guidelines stated in paragraph VIII of this Manual.
- Will decide the Rules & regulations for the participation of athletes.
- Will fix the Entry standards for various Competitions.
- Will decide the protocol during the Opening & Closing Ceremonies.
- Will provide Railway Concession form to the participating units well in time

#### **XIX. RESPONSIBILITIES and DUTIES OF THE ORGANISERS (Local Organising Committee):**

The Organisers, hereinafter referred as Local Organising Committee (LOC) of Athletics Competitions will be responsible for making all necessary arrangements for the successful conduct of the Competition, which will include: -

- Selecting suitable Competition Venue including Track and Field and get the approval of AFI.
- To ensure the availability of World Athletics (WA) /AFI approved equipment/Implements.
- Making proper seating arrangements for Invited Guests, Athletes and Team Officials, Technical Officials and Public in the Stadium.
- Making suitable seating arrangements in the Warm up Area for athletes and Coaches.
- Adequate place earmarked for "JURY of APPEAL".
- To establish a "Call-Room - 1" adjacent to the Warm up Area.
- To establish a "Hold-Up Area" (Call Room – 2) in the close proximity of FOP.
- To establish a "Mixed Zone" with sufficient space for media persons to have short interviews.
- To establish a "Post Event Control" area.
- To establish a "Technical Information Centre" (TIC) with a Notice/Display Board, sufficient computers, printers, photo copier, Communication facilities etc.
- To arrange suitable accommodation for the athletes. {No school Building will be used for residential purpose, if the Toilets and Bathrooms are not adequate}. The proportion for the toilet and bath rooms in the place of stay must be at least 8:1 for Junior Athletes and 4:1 for Senior Athletes.
- It is mandatory for the LOC to provide adequate place for {a} Age Verification process (for Junior Competitions)/Medical Board office {b} Registration of Athletes {ID Cards} {c} Dope Test control system (For NADA).
- To arrange Refrigerator, sufficient amount of Mineral Water, Juices, Eatables etc. or as required by the officials of Doping Control Agency (NADA).
- All the Senior Athletes are to be provided, fully furnished accommodation.
- 150 best Senior Athletes [The list will be provided by AFI] in different events be provided either Guest House or Hotel accommodation.
- To prepare Score Sheets with AFI Logo & Event Logo on it. All the stationery used for this purpose will carry AFI logo & Event Logo and name of the AFI Sponsors/Partners.
- To provide adequate place for Camp office of the President/ Secretary, AFI to operate their activities at the Competition venue. The office will be provided with preferably Computers and printer, manned by one computer operator and by one attendant.
- The Annual General Meeting and/or any other Meeting of AFI may be convened during the National Competitions and the LOC has to make all arrangements for the same as per the requirement of AFI.
- To ensure the arrangements for Technical (Managers) Meeting one day prior to the first day of the Competition and Meeting of Technical Officials one day prior & daily after the conclusion of the day's events.



- To reimburse TA & DA to the Officials appointed by AFI for the Competition along with Honorarium as per the Rules & Regulations of AFI, mentioned against each category.
- To provide following hospitality to the officials of AFI, Guests & participants as stated below.
  - Boarding and Lodging arrangements for the President & Secretary of AFI in a reasonably good (At least 4 star) Hotel. They will be provided with dedicated Cars.
  - Good Hotel accommodation to all the Office bearers of AFI with pool car facility.
  - Athletes invited for the Competition should be provided with pool Transport.
  - The Scientific (Electronic) Equipment Vendor will also be entitled for free boarding and lodging and will be provided suitable & pool transport.
  - Good accommodation is to be provided to all the Guests of AFI, Presidents and Secretaries of all the Affiliated State Associations/Units. They will be provided with pool Transport.
  - LOC will be responsible for the transport of other Invitees of the Competition.
- To provide a separate block for the Print & Electronic Media with adequate arrangement of Computers, Broadband Connectivity and other Communication facilities.
- To ensure adequate power cable & connection throughout the stadium & FOP for Live Streaming and as feed to all Scientific Equipment including Photo-Finish system, EDM, Display Boards etc.
- To ensure uninterrupted Power supply (Generator to meet the required load) during and two days prior to the Competition.
- To ensure the Wi-Fi/LAN connection in the Stadium with a capacity of min. 300mbps.
- To provide accommodation {if required} to the TV broadcasting crew. LOC will also (Also to) ensure to support in erecting the required stands for TV Cameras at the venue to cover the Competition. These stands will have sufficient space for keeping 4 to 8 cameras.
- As per the Guidelines of AFI, has to take special care for organizing the programme and conduct of the events as finalized and under no circumstances (exceptional reasons like natural calamities etc. are excluded) delay in the Programme will be permitted.
- To make arrangement for video recording and photographs of each and every event and copy of the same shall be given to AFI for future reference/record.
- For circulating all the Results within 3 minutes of the conclusion of the Event to all the VIPs, Media and Coaches.
- To provide adequate support to the Organisational Delegate and Technical Delegate(s) in organizing the Dress Rehearsal (Dry Run) especially for checking the Electronic Gadgets & conduct of the Opening, Medal award and Closing Ceremonies, one day prior to the Competition (Preferably in the afternoon).
- To obtain the approval of AFI for felicitation to any Athlete/Coach/Official if LOC desires so.
- To ensure proper discipline & barricade the Arena. It is ensured to prevent the entry of unauthorized individuals inside the arena who are not directly connected with the conduct of the event(s).
- To arrange Placards with the name of the participating State/Units, which will be carried by local Volunteers during Opening & Closing Ceremonies.
- Shall assist the participants in arranging the Rail tickets etc. if requested.
- Will send the detailed Results to all the teams after the conclusion of the Competition.
- To send the detailed Report to AFI within 15 days of the completion of Competition, failing which no other Competition will be allotted in future.
- To obtain permission from AFI or AFI Representative present during the Competition for presenting "Memento" or "Gift" to Officials, Participants, or any others if it desires so.
- To arrange good facilities of Boarding & Lodging for NADA Officials.
- To conduct the Opening and Closing ceremonies, as per the following guidelines:



## OPENING CEREMONY

- Assembly of participants
- Presentation of Bouquet to the Chief Guest by only one member of LOC.
- Presentation of Bouquet to the President/Secretary AFI by only one member of LOC.
- Welcome address by the member of LOC – Up to Two minutes.
- Speech by either the President or Secretary AFI – Up to Five minutes.
- Speech by the Chief Guest – Up to Five minutes.
- The Chief Guest to declare the Meet open – He will pronounce -  

“I DECLARE THE ‘{Name of the Championship}’ OPEN”.
- Oath taking ceremony on behalf of the Athletes and Technical Officials. {Annexure “E”}
- Cultural Programme, if any – Up to 10 minutes.

## CLOSING & PRIZE DISTRIBUTION CEREMONY

- Assembly of participants.
- Presentation of Bouquet to the Chief Guest by only one member of LOC.
- Presentation of Bouquet to the President/Secretary AFI by only one member of LOC.
- Welcome Address - by a member of the LOC.- Up to 2 minutes.
- Speech by the Chief Guest – Up to Five minutes.
- Speech by the President or Secretary, AFI – Up to Five minutes.
- Prize distribution by the Chief Guest.
- Vote of thanks by a member of the LOC.- Up to 2 minutes.
- The Chief Guest to declare the Meet closed – He will pronounce –

“I DECLARE THE ‘{name of the competition}’ CLOSED”

Beating the Retreat and flag will be lowered and handed over to the Chief Guest and then the Chief Guest will hand it over to the representative of the AFI.

## SEATING ARRANGEMENTS

AFI is the custodian of the Competition and all the members of AFI including Ex-Presidents and Ex-Secretaries of AFI will be provided proper seats during the Opening and Closing ceremony of the Competition. The format of seating arrangement will be as under:

### Ind Row

AFI	AFI	AFI	AFI	AFI	AFI	AFI	LOC	LOC	LOC	LOC	LOC	LOC
-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----

### Front Row

Reserve d for AFI	Reserved for AFI	Secretary AFI	Chairman Planning Committee AFI	President AFI or his Representative	Chief Guest	LOC	LOC	LOC	LOC	LOC
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The Organisational Delegate appointed for the Competition shall be responsible to ensure the compliance of seating arrangements in accordance with the guidelines of this Manual. Other Guests of LOC (Local Organising Committee) and AFI may sit on the Main Stage except the two reserved rows.

## **MEDAL CEREMONY**

- The LOC will arrange Victory Podium, Photographer and Video recorder.
- The Medal Ceremony must be conducted as per the schedule published.
- Guest of honour must be identified in advance in consultation with the representative of the AFI (Secretary AFI – if present / Organisational Delegate)
- Only Medals & Bouquets will be awarded during the “Medal Ceremony”.
- Girls/Boys to carry Medals and Bouquets in proper dress are to be arranged by the LOC.
- Beguilers/Band to be arranged.
- Medal Ceremony will be conducted at a time, when there is no track event is being held.

## **XX. RESPONSIBILITIES and DUTIES OF “CHAIRMAN / CONVENOR TECHNICAL COMMITTEE (CTC)”:**

The Chairman or Convener of Technical Committee (CTC) (Or their representative under exceptional circumstances) shall be present during all National Athletics Competitions organized under the aegis of AFI. His duties, responsibilities and privileges are as follows.

- To convene a Meeting of the “Technical Officials” once prior to the start of Competition and every day after the last event is over, during all National Championships. The main emphasis of this Meeting will be to discuss the updates in “Rules and Regulations” of the Competition and to assess the performance of “Technical Officials”.
- He will arrive minimum 48 hours prior to the start of the Competition.
- He will be entitled to get good accommodation.
- He will be entitled for free Boarding/Lodging, Economy class Air travel, and D.A. at the rate of Rupees Three Thousand only for the duration of the Championships with two days prior to the Competition. He will be jointly entitled for dedicated transport (One Pool Car for CTC and OD) during the stay for the Competition.

## **XXI. RESPONSIBILITIES AND DUTIES OF “ORGANISATIONAL DELEGATE (OD)”:**

The Organisational Delegate (OD) appointed by the AFI will be the Principal Official working on behalf of AFI for smooth and successful conduct of the Competition and has to ensure the following:

- Arrive at the venue at least 48 hours prior to the start of the Competition.
- Compliance of Rules & Regulations of AFI Constitution and guidelines detailed in this Manual.
- That World Athletics/AFI approved equipment/implements are used during the Competition.
- That Hoarding / Banners of AFI Sponsors/Partners are placed at venue, in accordance with the agreement of AFI & in agreement with the Media Committee of AFI.
- That the proper “Boarding & Lodging” facilities are provided to the various Office bearers of AFI, Athletes, Technical Officials and Delegates/Officials nominated by AFI.
- Liaisoning with the Print & Electronic Media on behalf of AFI, if Secretary is not available during the Competition.
- The quick circulation of the Results after the event is over.
- The proper conduct of the “Age Verification” of Junior Athletes during the Competitions.
- Implementation of the “Competition Rules” as laid down in this manual.
- That all the Officials (including the Delegates nominated by AFI) inside FOP and working in the other functional areas are in the prescribed Official Uniform.
- The Dress Rehearsal (Dry Run) especially for checking the Electronic Gadgets & conduct of the Opening, Medal award and Closing Ceremonies, one day prior to the Competition (Preferably in the afternoon) is done.



- Proper Coordination with Technical Delegate(s), Competition Director, Organising Secretary, Medical Delegate, National Technical Official(s) and other Delegates appointed by AFI, for the successful conduct of the Competition.
- The organisation of "Media Conference" on behalf of AFI, if he feels it necessary {with the permission of Secretary AFI}.
- That the detailed report concerning all matter of facts should be submitted to Secretary AFI within three days of conclusion of the Competition. (By E-mail).
- OD is entitled for free Boarding/Lodging, Economy class Air travel, and D.A. at the rate of Rupees Three Thousand only for the duration of the Championship with two days prior to the Competition. He will be jointly entitled for dedicated transport (One Pool Car for OD and CTC) during his/her stay for the Competition.

## **XXII. RESPONSIBILITIES AND DUTIES OF "TECHNICAL DELEGATE" (TD):**

The Technical Delegate(s) appointed by AFI:

- Shall confirm in writing about the acceptance of appointment as Technical Delegate within seven [7] days of the relevant communication to the Chairman, Technical Committee, AFI.
- Should reach the venue at least 72 hours prior to the start of the first event in any Competition.
- Shall keep regular contact with the Organisational Delegate and the Organising Secretary of the Competition from the time he/she accepts the appointment and up to the end of the competitions.
- Will certify all the Equipment, Implements, Track & various other Technical matters and ensure that everything conforms to the specifications of WA/AFI.
- Shall be responsible for efficient working of "Scientific Equipment" (Photo-Finish, SIS, EDM, Display Boards, etc.) and will liaison with the appointed TSR agency of AFI.
- Has to impress upon the Organiser to follow AFI directions (Indian Athletics Manual)
- Shall ensure that the programme of the events is followed as per the AFI guidelines. The changes required if any under extreme circumstances like Heavy rain, etc., may be done only in consultation with The Chairman, Technical Committee, AFI
- Shall decide qualifying standards of Field Events & progression of heights in Vertical Jumps.
- Has to verify and ensure that arranging the heats and subsequent rounds in Track Events, competing order for Field Events and groups for Combined Events Competition drawn by the Meet Managing software are in accordance to the Rules and Regulations of WA and Indian Athletics Manual published by AFI and make the required changes, if necessary.
- Has to arrange the heats and subsequent rounds in Track Events, competing order for Field Events and groups for Combined Events Competition, manually if the Meet Managing software is not available.
- Shall confirm entries and have the right to reject them for technical reasons or found faulty in accordance with AFI (Indian Athletics Manual) Rules.
- Has to ensure that all the Meet/National Records created during the Competition are physically verified by themselves or by the National Technical Officials appointed by AFI & sign on the Score Sheets or Photo Finish Image and Zero Test report, as the case may be. It is mandatory to send a detailed report in this regard to AFI on the prescribed format along with his Final Report.
- Should send the original score sheets of the events in which New Meet or National Records are created, to the AFI Secretary along with a Report on that event.
- Shall conduct the "Technical Official's Clinic" and will chair the "Technical (Manager's) Meeting" before the start of the Competition and apprise them about Rules & Regulations of the Competition every time.
- After completion of every event, has to ensure that the results are published on the Website and Social Media of AFI at the earliest. After the completion of the day's competition, a day wise result is also published and is available to the Media & Team Management.



- Hard copy of all the results shall be circulated immediately amongst the VIPs present during the day on the Main Dias.
- Along with the Meeting Manager, OD will ensure the attendance of all Technical Officials in all sessions, every day of the Competition.
- Shall organise a briefing to the Technical Officials after every day's proceedings.
- Has to ensure that Dope Samples are collected of all those athletes who have created new Meet or National Record in accordance with the NADA Rules & Regulations and report it to AFI, in his Report.
- Shall submit daily report from the day of his/her arrival at the venue till the last day of Competition other than the final report by night before 22.00 hrs regarding the matter of facts to the Secretary, AFI and to the Chairman, Technical Committee in the prescribed format.
- Should submit the final report and results within Seven (7) days of conclusion of the Competition.
- The Technical Delegates shall be entitled for free Boarding/Lodging, 2nd A.C. Rail fare {To & Fro} (If journey period is more than 12 hours, then economy class Air travel) and D.A. at the rate of Rupees Two Thousand Five Hundred only for the duration of the stay at the Competition Venue. If the travel is by train, The TD(s) will be entitled for Rupees One Thousand per day for the Journey period. The TD(s) will be entitled dedicated transport (One Pooled Car for Technical Delegate(s) & Medical Delegate during their stay for the Competitions).

For any other responsibilities & Duties of Technical Delegate, it may be referred in the "AFI Technical Delegate Manual".

### **XXIII. RESPONSIBILITIES and DUTIES of "NATIONAL TECHNICAL OFFICIALS (NTO)":**

The purpose of deputing National Technical Officials (NTO) from outside the State is to ensure the high level of standards and to bring transparency in the Technical Conduct of the Athletics competitions. There will be at least Seven NTO(s) who will be appointed for any competition covered in category "I". Their numbers may vary, depending upon the stature of the competition. More number of NTO(s) will be appointed for the competitions covered in category "II". Their responsibilities are given below:

- Will have to liaison with "Technical Delegate(s)".
- Shall report at the venue at least 24 hours prior to the start of the first event in the Competition.
- Will assist the Chief Judge in conduct of the events. In case of dispute, "NTO" will have the authority to take decision and report the same to the "Technical Delegate".
- Act as "Referee" for the events i.e. Call-Room, Track, Jumps, Throws, Race-Walking, Combined events and 'Starter' and 'Chief Judge Photo Finish'. NTO has also to act as Announcer/Event Presentation Manager and Commentator.
- To ensure fair and unbiased conduct of the Events/Competition.
- To physically verify all the Meet/National Records created during the Competition by himself & sign on the Score Sheets or Photo Finish Image & Zero test Report, as the case may be.
- To verify, certify and sign all the score sheets and results of all their assigned events.
- To ensure that equipment/implements certified by WA/AFI are used and no equipment or implements other than WA/AFI approved/certified are used inside the FOP/Warm-Up area or during the Competition.
- Has to report the details of specification of equipment/implements to the TD.
- Should send his report to the Chairman Technical Committee - AFI with a copy to the Secretary AFI within seven days of the completion of the Competition.
- Support in other relevant matters concerning "Age Verification", "Managing place of Stay" and "Distribution of Bib Numbers" and any other duties as deemed necessary by the CTC/OD/TD.



- The NTO(s) shall be entitled for free Boarding/Lodging, 3<sup>rd</sup>A.C. Rail fare {To &Fro} and D.A. at the rate of Rupees Two Thousand only for the duration of the Competition and One day prior to the Competition. NTO shall be entitled for Rupees One Thousand per day for the Train Journey period also. NTO(s) shall be entitled for Pooled transport during their stay for the Competition.

#### **XXIV.RESponsibilities AND DUTIES OF “MEDICAL DELEGATE” (MD)**

The responsibilities of Medical Delegate (MD) will be in accordance with the Rule No. CR6.1 (Old - 113) of World Athletics (WA) Competition & Technical Rules 2020.

The Medical Delegate:

- Shall report at the venue of the Competitions 24 hours prior to start of the Competition.
- Shall be responsible for ensuring that “Age Verification” is done in accordance with the policies laid down by AFI.
- MD will be entitled for free Boarding/Lodging, 2<sup>nd</sup> A.C. Rail fare {To &Fro} (If journey period is more than 12 hours, then economy class Air travel) and D.A. at the rate of Rupees Two Thousand Five Hundred only for the duration of the Competition with One day prior to the Competition. If the travel is by train, he/she will be entitled for Rupees One Thousand per day for the Journey period. He/She/They all will be entitled dedicated transport (One Pooled Car for Medical Delegate and Technical Delegate{s}) during his/her/their stay for the Competition.

#### **XXV. BIB NUMBERS:**

Every athlete will be provided with minimum three (3), preferably four (4) Bib numbers, which shall be worn visibly during the Competition. The Bib number shall correspond to the number allocated to the athlete in the programme. If Track suits are worn during the Competition, the Bib number shall be worn on the Track suits in a similar manner. No Athlete is allowed to fold the Bib Number in any manner and it is mandatory to wear by displaying entire content written on the Bib Number.

- The maximum dimension of Bib Number shall be 24 cm. in width & 20 cm. in height.
- The maximum length of identification above the number should be not more than 5 cm.
- The length of Digits/Numerals shall be not less than 6 cm. and not more than 10 cm.
- The Digits/Numerals must be clearly visible.
- The maximum height of identification below the number should not be more than 3 cm.
- The Bib numbers will be printed on white cloth or any other suitable material with BLACK print {permanent colour of NUMERALS/DIGITS} on it.
- A maximum of two different sponsors per Competition are permitted but only one may appear on each Bib number. The Bib numbers must bear the same sponsor identification within each event. The details of LOGO & SPONSORSHIP on the Bib number must be informed to AFI minimum 15 days prior to the Competition.
- Since the “Photo finish” will be operative in all the National Competitions, the Athletes will be required to wear the additional number in track events of an adhesive type on the side of their shorts. (Size - 10 cm x 7.5 cm.)
- No Athlete shall be allowed to take part in any Athletics Competition without appropriate Bib numbers or identification numbers.
- The design and details of Specification of Bib number and other details are given in the Annexure “H”.



## **XXVI. EVENTS & SPECIFICATIONS.**

The list of events for each group is given in Annexure "F". The specification of each implement is also given in the same list. These specification and events may change from Competition to Competition and year to year. AFI will circulate these details to all the participating States / UT / Units as and when it is decided.

Few new events for the junior (U14 & U16 year groups) have been introduced on trial basis during the year 2020 and will be confirmed after its feasibility report by the TD(s).

## **XXVII. TIME SCHEDULE OF SENDING VARIOUS CIRCULARS.**

The detailed circular regarding the conduct of the Competition must be sent by the LOC, to all affiliated Units and it must be planned in following manner:

- |                          |      |  |
|--------------------------|------|--|
| Three months in advance: | i.   | Formal Invitation letter.                                    |
|                          | ii.  | The details of ground layout {especially Field Events arena} |
| Two Months in advance:   | i.   | The Schedule of events – day wise.                           |
|                          | ii.  | The details {Specifications} of equipment/implements.        |
|                          | iii. | The details of specific "Rules & Regulations" if any.        |
| 30 days in advance:      | i.   | The invitation to all the Office Bearers of AFI.             |
|                          | ii.  | The invitation to President/Secretaries of affiliated units. |
|                          | iii. | The details of accommodation.                                |
|                          | iv.  | The Competition Handbook.                                    |

## **XXVIII. TECHNICAL RULES**

Athletics Federation of India (AFI) will be guided by the Rules & Regulations of World Athletics (WA) and also by the changes, if any, made in the WA Rules from time to time. AFI may frame its own Rules and Regulations for Domestic Competitions as it seems desirable.

- 1) In all Competitions held under the banner of AFI, only WA/AFI approved equipment/implements will be used.
- 2) It is mandatory to use Scientific Equipment (Electronic) in all National Athletics Competitions including affiliated Board's Meets. The use of equipment like Photo-Finish System, ID Link Camera, Start Information System, Wind Gauge, Lap Scoring System, EDM, VDM, Display Boards, LED Screens, Count-Down Timer, Electronic Hooter, Timer for Race Walking events/Road Races, Transponder System etc. and Computerised Results management system is mandatory for organizing the AFI Competitions.
- 3) No Athlete will be allowed to participate bare foot in any Athletics Competitions as per the Rules of AFI.
- 4) Athletes below the age of 16 years will not be allowed to run in any {Competition} event longer than the distance of 3000m./3 km.
- 5) Athlete below the age of 18 years will not be allowed to run Marathon.
- 6) It is mandatory for States / UT /Units/Boards/Departmental Units/Institutions that they should get their Athletes registered at National, State & District level. States/ UT / Units/Boards/Departmental Units/Institutions. The Athletes not adhering to this requirement will not be allowed to participate in any National Competition.
- 7) AFI will form a Media/Publicity Committee which will ensure the publicity of the Competition. The Committee will ensure the following:
  - a) T.V. Coverage.



- b) Press Conference as and when it seems desirable, with the permission and involvement of The President/Secretary/Organisational Delegate of AFI.
- c) Press Release in all the Newspapers and magazines at regular intervals.
- d) Publicity in the host city/town/village to attract more groups of citizens.

#### 8) Championships – Team:

The Team Championship will be awarded to the Team scoring maximum points which is decided on the basis of point system for all National Competitions, where all the affiliated States/ UT / Units/Boards/Departmental Units/Institutions are allowed to enter. The details of Point system are as follows:

First place	7 Points,
Second place	5 Points,
Third place	4 Points,
Fourth place	3 Points,
Fifth place	2 Points
Sixth place	1 Point.

Team Championship will be decided on the basis of following point system for all Zonal Championships where only few affiliated States / UT of AFI in that particular zone are allowed to enter.

First place	5 Points,
Second place	3 Points,
Third place	1 Point,

**TIE:** In case of Tie on Points for Team Championship, the team winning maximum First Places will be declared Champion. If still there is Tie, the team winning maximum Second Places will be declared Champion and so on.

- 9) Best Athlete in each category will be decided on the basis of points secured for any one event of his/her best performance from the Points Table {IAAF (WA) SCORING TABLE of ATHLETICS}.
- 10) No Board/Departmental Unit will be provided accommodation free of cost by the LOC.
- 11) AFI will also make efforts to bring sponsorship for various Athletics Competitions. The revenue collected by the AFI through such sponsorship will be shared by AFI with the organizer in the ratio of 70% (with AFI) – 30% (with the organizer). AFI will retain the right of keeping 70% of the total advertising space of such Competitions which includes the advertising space on Hoardings, Bib Numbers, Banners etc.
- 12) The Host unit (LOC) must ensure & assure AFI that it will provide reasonably good accommodation to the Athletes and Officials. If AFI gets sufficient funds from sponsorships, it will take up the responsibility for the total conduct of the Competition.
- 13) It is mandatory for all the outstanding Athletes to participate in National Competitions organized by AFI. If any Athlete cannot participate in any of the National Competitions due to genuine reasons, prior permission of the Secretary AFI is required and the decision of the Secretary will be Final & abiding on all.
- 14) It is mandatory for Level 'I' Technical Officials, NTO(s) /FTO(s) {AFI Level 'A'} /FSTO(s) {AFI Level 'B'} to participate in their District & State Athletics Competitions, otherwise they will not be eligible to officiate in any National/International Competitions to be held in India.
- 15) The affiliated States/UT Athletics Association of AFI should invite/nominate the Technical Officials of their State / UT to their State Level Competitions. If any Technical Official does not participate in the State / UT Level Competitions, where he/she is nominated without a valid reason, he/she will lose the right to officiate in any National/International Competitions to be held in India. In other words, the Technical Officials should give maximum support



to the State / UT Athletics Associations for the smooth & successful conduct of State / UT Level Competitions.

#### 16) Cross-Country Championships -Scoring and Ties:-

- i. The affiliated States / UT / Sports Boards may enter "SIX" athletes in Men, U23 Men, U20 Men, Women, U23 Women & U20 Women groups. In all these races SIX athletes may start but only the first 'FOUR' finishers will score for "Team Championship". Each race shall be scored separately.
- ii. Every Finisher will score points equal to his/her finishing order. That is, the Athlete who finish first will score one point, second will score two points, fifth - five points fortieth - forty points and so on.
- iii. The team Championship will be decided by the aggregate points recorded by the scoring athletes of each team. The team with lowest aggregate points will be the Winner.
- iv. If a team fails to finish with a complete scoring team (That is four finishers), the runners finishing shall be counted as individuals in the race result and be eligible for the individual awards only and will not be considered for Team Championship.
- v. In assessing the aggregate for Team Championship, no adjustment to the scoring of the finishing teams shall be made in respect of non-scoring team runners or of individual entries.
- vi. **TIE:-** In the event of a Tie for Team Championship, it shall be resolved in favour of the team whose last scoring member finishes nearer to the First place.

#### 17) Details of the Events introduced in the year 2020.

Section	Event	Number of Flights	Height of Hurdle	Distance from		
				Start to first Hurdle	In between Hurdles	Last Hurdle to finish
BOYS (U16)	80 m. Hurdles	7 Flights	0.838m	13.5m	8.6m	14.9m
GIRLS (U16)	80 m. Hurdles	8 Flights	0.762m	12.0m	8.0m	12.0m

BOYS & GIRLS (U14) - HIGH JUMP shall be on Scissor Pattern.

BOYS & GIRLS (U14) - BALL THROW: Sector - Javelin \* 159±4g. & 0.23m. Circumference.

#### 18) Combined Event's Tables –

- (i) Decathlon (Two days): As per WA Combined Event's Scoring Tables.
- (ii) Hexathlon (Two days): As per AFI Scoring tables. (Enclosed herewith)
- (iii) Triathlon (One day): As per AFI Scoring tables. (Enclosed herewith)
- (iv) Heptathlon (Two days): As per WA Combined Event's Scoring Tables.

#### 19) Competing Order & Trials:

- i. In all Field events (*Except High Jump & Pole vault*) where there are more than eight athletes, each athlete shall be allowed three trials and eight athletes with the best valid performances shall be allowed three additional trials.
- ii. Where there are eight athletes or fewer, each athlete shall be allowed six trials.
- iii. The competing order after the third round in both the cases shall be in the reverse ranking order of the performances after the first three rounds of trials.
- iv. The competing order for the last round (6<sup>th</sup> trials) shall be in the reverse ranking order of the performances after the fifth trial.



## XXIX. TECHNICAL OFFICIALS:

AFI will organize the Seminars on regular intervals for Technical Officials to apprise them about any changes or amendments to the Rules and Technical Conduct. It will be mandatory for Technical Officials to attend such Seminar.

In order to improve the Technical Conduct of various National / International Competitions and to have sufficient number of Technical Officials, AFI will conduct Technical Official's Examinations at different levels regularly on the TOECS pattern of World Athletics.

*All the State/UT Athletics Association affiliated to AFI are required to conduct the Technical Officials Examination in their respective States prior to such an examination conducted by AFI. The Chairman Examination Committee will be consulted in this regard for preparation of Examination paper, Practical Tests, for conducting the State level examination.*

AFI will have Four categories of Technical Officials i.e. Level "1" Technical Officials (NTO), Federation Technical Officials (FTO) {AFI Level "A"}, Federation State Technical Officials (FSTO) {AFI Level "B"} and District Technical Officials (DTO) {AFI Level "C"}. A panel of Elite Technical Officials will be selected from the Level "1" Technical Officials & FTOs. The Elite panel of Officials will comprise of 'Technical Delegates', 'National Technical Officials', 'Starters', 'Photo-Finish Judges', 'Race Walk Judges', 'Announcers', 'Event Presentation Manager', 'Commentator' & 'Competition Secretariat' etc. Following Gradation/Examination procedure will be followed to select various categories of Technical Officials.

### **General Guidelines**

The AFI Level 'A', 'B' & 'C' (FTO, FSTO & DTO) Examination shall be conducted on the following guidelines:

- o The period of eligibility of Officials' term will be in accordance with the guidelines of World athletics.
- o The Candidates, who qualified the FTO & FSTO Examination in the year 2015 or before 2015, will be required to appear in the FTO examination for its revalidation.
- o A Three-member committee will formulate the modalities and guidelines to conduct the FTO, FSTO & DTO Examinations.
- o AFI will nominate and declare the panel of Lecturers and Examiners in the beginning of the year to conduct the FTO, FSTO & DTO examinations.
- o The Candidates will be required to register online in the AFI website and they will be provided with a unique admission (fictitious) number under which they will appear for the examination. The candidate's identification shall not be mentioned in any part of the answer sheets except their Unique Admission (fictitious) Number allotted by AFI. The access of Unique Admission (fictitious) Number will be under a password and will be available only to the Three-member Committee as mentioned above.
- o The FTO Examination will be conducted once in a year on Zonal Basis and it will be mandatory for the venue of the Examination to have one Athletics Complex fully equipped with all AFI/WA approved equipment & implements.
- o The FSTO Examination shall be conducted once in a year in all the States, preferably in a venue which is an Athletics complex.
- o The DTO Examination shall be conducted On-Line as per procedure mentioned below:



The Technical Committee will prepare the master list of FTO & FSTO Officials and update it every year for their eligibility and gradation purpose.

## UNIFORM

Athletics Federation of India (AFI) decided to Implement uniformity in the presentation of Technical Officials during National Athletics Competition. It was therefore decided to fix the Design, Colour and Pattern of the Uniform for the Technical Officials. Following are the details of Uniform and modalities of procurement:

- i. **Eligibility:** There shall be three categories of Technical Officials who are authorized to use and procure the Uniform from an authorized vendor of AFI.
  - Organisation Delegate & Technical Delegate (OD & TD)
  - WA Level '1' {National Technical Official (NTO)}
  - AFI Level 'A' {Federation Technical Official (FTO)}
  - AFI Level 'B' {Federation State Technical Official (FSTO)}
- ii. **Design & Colour:**

▪ O.D. & T.D.:	Shirt / T Shirt – White.	Pant – Grey.
▪ WA Level '1' (NTO):	T Shirt & Jacket - Sea Green	Pant – Grey.
▪ AFI 'A' & 'B' (FTO/FSTO):	T Shirt & Jacket - Cyan Blue.	Pant – Grey.
▪ Volunteers (Including SSVs):	T Shirt– Maroon Red.	Pant – Black.

### Notes:

- a. Grey Pant and Black Sports Shoes shall be common for all Technical Officials i.e. O.D., T.D., N.T.Os., F.T.Os. & F.S.T.Os.
- b. The Pattern & Design of Uniform is standardized and the agency has been asked to strictly adhered to the guidelines approved by AFI.
- c. The LOC (Local Organising Committee) will be advised to provide or organize following Uniform for SSVs (Sports Specific Volunteers) & Volunteers. If LOC manages to rope in any sponsor of the Competition, then they may use sponsor's Logo on the Cap, that may be used by the Officials & Volunteers.
- d. The Cost of the One set of Uniform (Two T Shirts, Two Pants & One Jacket), on the subsidized rate is fixed at Rs. 2500/- (Rupees Two Thousand Five Hundred) per set. The Courier/postage charges will be in addition to the cost of the set of one Uniform.
- e. The cost of the Uniform will be applicable for One year and may be reviewed by AFI in the beginning of the year i.e. January.

### Modalities:

- The Technical Officials will directly place the orders as per their category on following email with a copy to the Chairman Technical Committee. The Chairman Technical Committee or his nominee will approve the names of the Officials and forward to the Agency for its execution.  
Agency: M/s Shiv Naresh, Delhi  
Order to: - ranjeet@shivnaresh.in or shiv@shivnaresh.in  
Copy to: - stanleyjones.b@gmail.com



- The payment of the cost of Uniform shall be made directly to the agency as per following details.

**Mode of payment:** Bank details:  
**Yes Bank Ltd.** Ground Floor, Anchor no. 2 D Mall  
 Plot no. 1, Netaji Subhash Place, Pitam Pura, New Delhi.  
**Account no.:** **01848460000041** \* **IFSC:** **YESB0000184.**

#### 1) **World Athletics “Level ‘1’ TOECS” Technical Officials Examination(NTOs)**

The TOECS examination (NTO) will be conducted under the sole authority of the World Athletics through Athletics Federation of India under the supervision of Examination Committee AFI.

##### **ELIGIBILITY & MODALITIES**

- The Candidates must be either Level “1”, NTO & (or) FTO level Official.
- Duration of the Course (including Theory, Practical & Examination) – Five (5) Days.
- Course Fees Rs. 15,000/-
- Number of Candidates per batch of Course – Maximum Twenty (20).
- The nomination /b Selection of candidates shall be made on “First-Cum-First” basis from the existing list of Level “1” / NTO/FTO Officials.
- Examination will be conducted in English only.
- Venue: As per the decision of Secretary AFI.  
*(Venue of the Examination must be close to an Athletics Track having all Athletics Equipment& Implements).*
- The Examination paper of Level ‘1’ TOECS will be sent by World Athletics through their Examiner/ Lecturer.
- The Certificate of Examination will be issued by World Athletics.
- All arrangements for the conduct of the Seminar-cum-Examination will be the responsibility of AFI and the State Athletics Association.
- The Curriculum of Level ‘1’ TOECS Examination shall be **World Athletics – Competition & Technical Rules – 2020 Edition**. The Curriculum shall be updated in accordance with the guidelines of *World Athletics – Competition & Technical Rules*.

#### 2) **AFI Level “A” \*Federation Technical Officials Examination (FTOE)**

The FTO examination will be conducted under the sole authority of the Athletics Federation of India (AFI) under the supervision of the Examination Committee, AFI

##### **ELIGIBILITY & MODALITIES**

- The Examination paper will be prepared by the Chairman, Examination Committee AFI, who will also nominate Examiner-cum-Observer. The Examiner/Observer will be responsible for the conduct of two days seminar, familiarizing the candidates about the latest Rules of World Athletics. The Theory/Practical examination/physical fitness test will be held on the third day.
- Duration of the Seminar / Examination (including Theory, Practical & Examination) – Three (3) Days.
- A candidate should have passed at least Matriculation. He / She must be capable of reading & writing English.
- The Candidates should be of minimum 21 years of age and not more than 60 years.
- The Candidate must be a qualified FSTO.



- The Examination Fees of FTOE will be Rupees Five Thousand only (Rs. 5,000/-). Out of which Rupees Three Thousand Five Hundred (Rs. 3,500/-) will be sent to AFI and One Thousand Five Hundred (Rs. 1,500/-) will remain with host unit.
- The Curriculum & Syllabus of the examination will be World Athletics - Competition and Technical Rules 2020 Edition. The Examination will be conducted in English only. The Curriculum will be updated in accordance with the guidelines of World Athletics – Competition & Technical Rules.
- All arrangements for the conduct of the Seminar-cum-Examination will be the responsibility of the concerned State Athletics Association.
- The Candidate will have to complete 1000m Run/Walk within seven minutes.
- Total 100 marks are earmarked each for theory and Practical/ Fitness test. The candidates securing 75 % marks separately in Theory and Practical will be declared "Pass".
- The Registration of Candidates will be organised between 9:00 am & 9:30 am on the first day.
- Local faculty members (lecturers) may be nominated by the Chairman, Examination Committee AFI.
- The Secretary, State Athletics Association and Examiner(s)/Observer(s) are required to remain in contact with Chairman Examination Committee and apprise him about the proceedings of the Seminar/Examination on all the three days.
- The packet containing Answer Sheets & Practical marks sheet should be properly sealed and sent to the Chairman, Examination Committee AFI at his residential address by Courier/Special Messenger.
- The State Secretaries conducting the Seminar-cum-Examination must keep liaison with the Examiner(s)/Observer(s) and other faculty members about their travel plan etc.
- The Local organizers (State & District Athletics Association) will be responsible for following expenses of the AFI Examiner/Observer, nominated by the Chairman Examination Committee AFI. The Examiner(s)/Observer(s) will be entitled for free Boarding/Lodging, 2<sup>nd</sup>A.C. Rail fare {To & Fro} (If journey period is more than 12 hours, then economy class Air travel) and D.A. at the rate of Rupees Two Thousand only for the duration of the Seminar/Examination with One day prior the Seminar/Examination. If the travel is by train, he/she will be entitled for Rupees One Thousand per day for the Journey period. He/She/They all will be entitled local transport during his/her/their stay for the Seminar/Examination.

### 3) AFI Level "B" \*Federation State Technical Officials Examination (FSTOE)

The FSTO examination will be conducted under the sole authority of the Athletics Federation of India (AFI) under the supervision of the Examination Committee, AFI.

#### ELIGIBILITY & MODALITIES

- The Examination paper will be prepared by the Chairman, Examination Committee AFI, who will also nominate Examiner-cum-Observers. The Examiner/Observer will be responsible for the conduct of Two days seminar, familiarizing the candidates about the latest Rules of World Athletics. The Theory/Practical examination/physical fitness test will be held on the Third day in the morning.



- Duration of the Seminar / Examination (including Theory, Practical & Examination) – Three (3) Days.
- A candidate should be passed at least Senior Secondary Examination (10+2) except National/International athletes.
- A Candidate should be not less than 21 years & more than 60 (Sixty) years.
- The Examination Fees of FSTOE will be Rupees Two Thousand Five Hundred only (Rs. 2,500/-). Out of which Rupees One Thousand Five Hundred (Rs. 1,500/-) will be sent to AFI and One Thousand (Rs. 1,000/-) will remain with host unit.
- The Curriculum & Syllabus of the examination will be World Athletics - Competition and Technical Rules 2020 Edition. The Examination will be conducted in English only. The Curriculum will be updated in accordance with the guidelines of World Athletics – Competition & Technical Rules.
- All arrangements for the conduct of the Seminar-cum-Examination will be the responsibility of the concerned State Athletics Association.
- The Candidate will have to complete 1000m. Run/Walk within Ten minutes.
- Total 100 marks are earmarked each for theory and practical. The candidates securing 75 % marks separately in theory and practical will be declared "Pass".
- The Registration of Candidates will be organised between 9:00 am & 9:30 am on the first day.
- Local faculty members (lecturers) may be nominated by the Chairman, Examination Committee AFI.
- The Secretary, State Athletics Association and Examiner(s)/Observer(s) are required to remain in contact with Chairman Examination Committee and apprise him about the proceedings of the Seminar/Examination on all the three days.
- The packet containing Answer Sheets & Practical marks sheet should be properly sealed and sent to the Chairman, Examination Committee AFI at his residential address by Courier/Special Messenger.
- The State Secretaries conducting the Seminar-cum-Examination must keep liaison with the Examiner(s)/Observer(s) and other faculty members about their travel plan etc.
- The Local organizers (State & District Athletics Association) will be responsible for following expenses of the AFI Examiner/Observer, nominated by the Chairman Examination Committee AFI. The Examiner(s)/Observer(s) will be entitled for free Boarding/Lodging, 2<sup>nd</sup> A.C. Rail fare {To & Fro} (If journey period is more than 12 hours, then economy class Air travel) and D.A. at the rate of Rupees Two Thousand only for the duration of the Seminar/Examination with one day prior to the Seminar/Examination. If the travel is by train, he/she will be entitled for Rupees One Thousand per day for the Journey period. He/She/They all will be entitled local transport during his/her/their stay for the Seminar/Examination.

#### 4) AFI Level "C" \* District Technical Officials Examination (DTOE)

The DTO (District Technical Official) Examination will be conducted every year under the sole authority of the Athletics Federation of India (AFI), in English, Hindi & other regional languages to induct the District Level Technical Officials into the Mainstream of Indian Athletics. The other languages (combined with English) may be added to the medium of examination depending up on the requirement in future.

## **ELIGIBILITY & MODALITIES**

- The Seminar for the Examination shall be conducted On-Line during three (3) days covering the Basic Rules of Athletics.
- A candidate for DTO should have passed at least Matriculation. He/She must be capable of reading & writing English.
- The Candidates should be of minimum 18 years of age and not more than 50 years.
- The DTO Examination & Viva Voce will also be conducted On-Line any day after the Seminar of three days.
- The Examination Fees of DTO will be Rupees Five Hundred only (Rs. 500/-).
- The Curriculum & Syllabus of the examination will be the basic rules of World Athletics - Competition and Technical Rules 2020 Edition. The Curriculum will be specially prepared for the District Level Officials in accordance with the Indian Athletics Manual and will be uploaded on the web-site of Indian Athletics.
- The Lecturers and Examiners will be appointed from the panel of AFI Level "A" Technical Officials or AFI NTOs (Level '1') appointed by the AFI.
- The Theory questions will carry 70 marks and Viva Voce will be 30 marks. The candidates will be required to score minimum 60 % marks individually in theory & Viva Voce in both the sections, to be declared successful.
- The Certificates to the successful candidates will be issued to successful candidates,
- The successful DTO candidates will be eligible to appear in the next level i.e. AFI Level "B" (FSTO) examination at least after officiating in District Competitions.
- It will be mandatory for the DTOs to officiate in the District Athletics Competitions in their respective District.



## THE DETAILS OF NATIONAL COMPETITIONS

### 1. NATIONAL OPEN ATHLETICS CHAMPIONSHIPS

1. The DURATION of the Competition will be FIVE days.
2. The teams representing the "Affiliated State/UT Athletics Associations" and "Affiliated Sports Boards/Institutions" will enter in the Competition.
3. EVENTS: **MEN :** Appendix "F" - Events of Men group.  
**WOMEN :** Appendix "F" - Events of Women group.
4. Each team can enter up to a maximum of THREE Athletes in each event.
5. An Athlete can enter in Two individual events and in Two relay events.
6. Each team can enter maximum ONE Team in each Relay event. Four Athletes can enter in each relay event in this Competition. Any Four Additional Athletes from among those entered for the Competition, whether for Relay or any other event, may be used in the composition of the Relay Team in any Round.
7. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the "Dope Test" report from NADA.
8. Team Championships will be awarded in accordance with the Clause XXVIII – Para '8'
9. Best Athlete in each category will be decided on the basis of points secured for any one event of his/her best performance from the Points Table {IAAF (WA) SCORING TABLE of ATHLETICS}.
10. Boards / Institutions will not be provided any accommodation.
11. Athletes representing affiliated States will be provided suitable accommodation according to the decision of AFI.
12. The athletes who meet the Entry standards alone will be allowed to enter.

### 2. NATIONAL INTER STATE SENIORS ATHLETICS CHAMPIONSHIPS

1. The DURATION of the Competition will be FIVE days.
2. The teams representing the "Affiliated State/UT Associations" will enter in this Competition.
3. EVENTS: **MEN :** Appendix "F" - Events of Men group.  
**WOMEN :** Appendix "F" - Events of Women group.
4. Each State team can enter up to a maximum of Three Athletes in each event.
5. An Athlete can enter in Two individual events and in Two relay events.
6. Each team can enter maximum ONE Team in each Relay event. Four Athletes can enter in each relay event in this Competition. Any Four Additional Athletes from among those entered for the Competition, whether for Relay or any other event, may be used in the composition of the Relay Team in any Round.
7. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the "Dope Test" report from NADA.
8. Best Athlete in each category will be decided on the basis of points secured for any one event of his/her best performance from the Points Table {WA SCORING TABLE of ATHLETICS}.
9. Team Championships will be awarded in accordance with the Clause XXVIII – Para '8'.
10. Athletes will be provided suitable accommodation according to the quota allotted by AFI.
11. The athletes who meet the Entry standards alone will be allowed to enter.



### 3. **NATIONAL FEDERATION CUP SENIORS ATHLETICS CHAMPIONSHIPS**

1. The DURATION of the Competition will be FIVE days.
2. The Individuals representing the "Affiliated State/UT Athletics Associations", "Affiliated Sports Boards/Institutions", "Recognised Units" will enter in the Competition.
3. EVENTS: **MEN:** Appendix "F" - Events of Men group.  
**WOMEN:** Appendix "F" - Events of Men group.
4. An Athlete can enter in two individual events.
5. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the "Dope Test" report from NADA.
6. Best Athlete in each category will be decided on the basis of points secured for any one event of his/her best performance from the Points Table {IAAF (WA) SCORING TABLE of ATHLETICS}.
7. No accommodation will be provided to the Athletes & Team Officials.
8. The athletes who meet the Entry standards alone will be allowed to enter.

### 4. **INDIAN GRAND PRIX COMPETITIONS**

1. The DURATION of the Competition will be ONE day.
2. The Best Athletes in each event on the basis of ranking of previous year among the National Campers will be invited to participate in these Competitions. The "Affiliated State/UT Athletics Associations", "Affiliated Sports Boards/Institutions" and "Recognised Units" may be allowed to enter few Athletes who are of National level but the confirmation of their participation will depend upon their latest achievements and subject to the approval of AFI. The events for these Competitions will be decided by Expert Committee of AFI, out of the following events which will be notified well in advance:
3. EVENTS: **MEN :** Events of Men group.  
**WOMEN :** Events of Women group.
4. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the "Dope Test" report from NADA.

### 5. **NATIONAL YOUTH ATHLETICS CHAMPIONSHIPS**

1. The DURATION of the Competition will be THREE days.
2. The Athletes under 18 years Men and under 18 years Women representing the "Affiliated State/UT Athletics Associations" will enter in the Competition. The date of reckoning of Age will be the last day of the Competition.
3. EVENTS: **U 18 Men:** Appendix "F" – Events of U18 Men group.  
**U 18 Women:** Appendix "F" – Events of U18 Women group.
4. Each State team can enter maximum THREE Athletes in each event.
5. An Athlete can enter in Two individual events and in One relay event.
6. If both individual events are track events, only one of these events can be longer than 200m.
7. No athlete below 16 years of age is permitted to enter in this Competition.
8. Each team can enter maximum ONE Team in each Relay event. Four Athletes can enter in each relay event in this Competition. Any Four Additional Athletes from among those entered for the Competition, whether for Relay or any other event, may be used in the composition of the Relay Team in any Round.
9. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the Report of "Age Verification Committee" & "Dope Test" from NADA.



10. Best Athlete in each category will be decided on the basis of points secured for any one event of his/her best performance from the Points Table {IAAF (WA) SCORING TABLE of ATHLETICS}.
11. Team Championships will be awarded in accordance with the Clause XXVIII – Para '8'.
12. All Athletes will be provided suitable accommodation.
13. The athletes who meet the Entry standards alone will be allowed to enter.

#### **6. NATIONAL FEDERATION CUP JUNIORS ATHLETICS CHAMPIONSHIPS**

1. The DURATION of the Competition will be THREE days.
2. The Athletes under 20 years Men and under 20 years Women will enter in the Competition. The date of reckoning of Age will be the last day of the Competition.
3. The teams representing the "Affiliated State/UT Athletics Associations" will enter in the Competition.
4. EVENTS:     **U 20 MEN:**             Appendix "F" -Events of U20 Men group.  
                  **U 20 WOMEN:**         Appendix "F" -Events of U20 Women group.
5. Each State team can enter maximum THREE Athletes in each event.
6. An Athlete can enter in Two individual events and in One relay event.
7. Each team can enter maximum ONE Team in each Relay event. Four Athletes can enter in each relay event in this Competition. Any Four Additional Athletes from among those entered for the Competition, whether for Relay or any other event, may be used in the composition of the Relay Team in any Round.
8. No athlete below 16 years of age is entitled to enter in this Competition.
9. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the Report of "Age Verification Committee" & "Dope Test" from NADA.
10. Best Athlete in each category will be decided on the basis of points secured for any one event of his/her best performance from the Points Table {IAAF (WA) SCORING TABLE of ATHLETICS}.
11. Team Championships will be awarded in accordance with the Clause XXVIII – Para '8'.
12. All Athletes will be provided suitable accommodation.
13. The athletes who meet the Entry standards alone will be allowed to enter.

#### **7. NATIONAL U 23 SENIORS ATHLETICS CHAMPIONSHIPS**

1. The DURATION of the Competition will be THREE days.
2. The athletes under 23 years MEN and under 23 years WOMEN will enter in the Competition. The date of reckoning of Age will be the last day of the Competition.
3. The teams representing the "Affiliated State/UT Athletics Associations" will enter in the Competition.
4. EVENTS:     **U 23 MEN:**             Appendix "F" - Events of U23 Men group.  
                  **U 23 WOMEN:**         Appendix "F" - Events of U23 Women group.
5. Each team can enter maximum THREE Athletes in each event.
6. An Athlete can enter in Two individual events and in One relay event.
7. Each team can enter maximum ONE Team in each Relay event. Four Athletes can enter in each relay event in this Competition. Any Four Additional Athletes from among those entered for the Competition, whether for Relay or any other event, may be used in the composition of the Relay Team in any Round.
8. No athlete below 16 years of age is entitled to enter in this Competition.



9. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the Report of "Age Verification Committee" & "Dope Test" from NADA.
10. Best Athlete in each category will be decided on the basis of points secured for any one event of his/her best performance from the Points Table {WA SCORING TABLE of ATHLETICS}.
11. Team Championships will be awarded in accordance with the Clause XXVIII – Para '8'.
12. All Athletes will be provided suitable accommodation.
13. The athletes who meet the Entry standards alone will be allowed to enter.

## **8. NATIONAL JUNIORS ATHLETICS CHAMPIONSHIPS**

1. The DURATION of the Competition will be FIVE days.
2. The Athletes under 20years Men, under 20 years Women, under 18years Men, under 18 years Women, under 16 years Boys, under 16 years Girls, under 14 years Boys and under 14 years Girls will enter in this Competition. The date of reckoning of Age will be the last day of the Competition.
3. The State teams representing the "Affiliated State/UT Athletics Associations" will enter in the Competition.
4. EVENTS:
 

<b>U20 MEN</b>	<b>– under 20 Years:</b>	Annexure 'E' – Events of U20 Men group.
<b>U18 MEN</b>	<b>– under 18 Years:</b>	Annexure 'E' – Events of U18 Men group.
<b>U16 BOYS</b>	<b>– under 16 Years:</b>	Annexure 'E' – Events of U16 Boys group.
<b>U14 BOYS</b>	<b>– under 14 Years:</b>	Annexure 'E' – Events of U14 Boys group.
<b>U20 WOMEN</b>	<b>– Under 20 Years:</b>	Annexure 'E' – Events of U20 Women group.
<b>U18 Women</b>	<b>– Under 18 Years:</b>	Annexure 'E' – Events of U18 Women group.
<b>U16 GIRLS</b>	<b>– Under 16 Years:</b>	Annexure 'E' – Events of U16 Girls group.
<b>U14 GIRLS</b>	<b>– Under 14 Years:</b>	Annexure 'E' – Events of U14 Girls group.
5. Each team can enter maximum TWO Athletes in each event.
6. An Athlete can enter in Two individual events and in One relay event.
7. Each team can enter maximum ONE Team in each Relay event. Four Athletes can enter in each relay event in this Competition. Any Four Additional Athletes from among those entered for the Competition, whether for Relay or any other event, may be used in the composition of the Relay Team in any Round.
8. If both individual events are track events in U18 (Men & Women group) & U16 (Boys & Girls group), only one of these events can be longer than 200m.
9. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the Report of "Age Verification Committee" & "Dope Test" from NADA.
10. Best Athlete in each U20 Men, U20 Women, U18 Men, U18 Women, U16 Boys & U16 Girls categories will be decided on the basis of points secured for any one event of his/her best performance from the Points Table {IAAF (WA) SCORING TABLE of ATHLETICS}
11. TEAM CHAMPIONSHIPS - Trophies:-
  - MALE: Male Team Championship will be awarded by combining the points of all the categories of Male group.
  - FEMALE: Female Team Championship will be awarded by combining the points of all the categories of Female group.
  - OVERALL: Overall Team Championship will be awarded by combining the points of all the categories of Male & Female group.
12. All Athletes will be provided suitable accommodation.
13. The Athletes who meet the Entry standards alone will be allowed to enter.



## **9. NATIONAL INTER DISTRICT JUNIORS ATHLETICS MEET (NIDJAM)**

1. The DURATION of the Meet will be THREE / FOUR days.
2. The Junior Athletes under 14 years and under 16 years of BOYS and GIRLS will participate in the Meet.
3. The date of reckoning the Age will be the last day of the competition.
4. The District Teams representing the "Affiliated DISTRICTS" of the "Affiliated State/UT Athletics Associations" will enter in the Competition.
5. EVENTS: **U 16 BOYS:** Annexure 'E' – All events of U16 Boys category (NIDJAM).  
**U 14 BOYS:** Annexure 'E' – All events of U14 Boys category (NIDJAM).  
**U 16 GIRLS:** Annexure 'E' – All events of U16 Girls category (NIDJAM).  
**U 14 GIRLS:** Annexure 'E' – All events of U14 Girls category (NIDJAM).
6. Each "District Team" can enter maximum TWO athletes in each event subject to maximum of THIRTEEN {13} Athletes {BOYS & GIRLS combine} from a District and TWO officials including ONE Female, if Female Athlete(s) are in the team.
7. An athlete can enter in ONE event only.
8. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the Report of "Age Verification Committee" & "Dope Test" from NADA..
9. All Athletes (bona fide entries) will be provided Boarding & Lodging.

## **10. ZONAL JUNIORS ATHLETICS CHAMPIONSHIPS (EAST, NORTH, SOUTH & WEST)**

1. The DURATION of the Competition will be TWO days.
2. The Competition at Zonal level will be organised at Four venues
3. The Four Zones will comprise of following State Teams:
  - i. **EAST:**-Arunachal Pradesh, Assam, Bihar, Jharkhand, Manipur, Meghalaya, Mizoram, Nagaland, Odisha, Sikkim, Tripura & West-Bengal = Twelve {12} States.
  - ii. **NORTH:** - Chandigarh, Delhi, Haryana, Himachal Pradesh, Jammu & Kashmir, Punjab, Uttar Pradesh & Uttarakhand = Eight {8} States.
  - iii. **SOUTH:** - Andhra Pradesh, Andaman & Nicobar, Karnataka, Kerala, Lakshadweep, Puducherry, Tamil Nadu & Telangana = Eight {8} States.
  - iv. **WEST:** - Chhattisgarh, Goa, Gujrat, Madhya Pradesh, Maharashtra and Rajasthan = Six {6} States.
4. The Athletes under 20 years Men, under 20 years Women, under 18 years Men, under 18 years Women, under 16 years Boys, under 16 years Girls, under 14 years Boys and under 14 years Girls will enter in this Competition. The date of reckoning the Age will be the last day of the competition.
5. The teams representing the "Affiliated State/UT Athletics Associations" will enter in the Competition.
6. Each team can enter maximum TWO Athletes in each event.
7. Each team can enter maximum ONE Team in each Relay event. Four Athletes can enter in each relay event in this Competition. Any Four Additional Athletes from among those entered for the Competition, whether for Relay or any other event, may be used in the composition of the Relay Team in any Round.
8. An Athlete can enter in Two individual events and in One relay event.
9. If both individual events are track events in U18 (Men & Women group) & U16 (Boys & Girls group), only one of these events can be longer than 200m.



10. EVENTS:

<b>U20 MEN-</b>	<b>under 20 Years:</b>	Annexure 'E' – Events of U20 Men group.
<b>U18 MEN-</b>	<b>under 18 Years:</b>	Annexure 'E' – Events of U18 Men group.
<b>U16 BOYS-</b>	<b>under 16 Years:</b>	Annexure 'E' – Events of U16 Boys group.
<b>U14 BOYS-</b>	<b>under 14 Years:</b>	Annexure 'E' – Events of U14 Boys group.
<b>U20 WOMEN-</b>	<b>under 20 Years:</b>	Annexure 'E' – Events of U20 Women group.
<b>U18 WOMEN-</b>	<b>under 18 Years:</b>	Annexure 'E' – Events of U18 Women group.
<b>U16 GIRLS-</b>	<b>under 16 Years:</b>	Annexure 'E' – Events of U16 Girls group.
<b>U14 GIRLS-</b>	<b>under 14 Years:</b>	Annexure 'E' – Events of U14 Girls group.

11. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the Report of "Age Verification Committee" & "Dope Test" from NADA.

12. TEAM CHAMPIONSHIPS – Trophies:-

MALE: Male Team Championship will be awarded by combining the points of all the categories of Male group.

FEMALE: Female Team Championship will be awarded by combining the points of all the categories of Female group.

OVERALL: Overall Team Championship will be awarded by combining the points of all the categories of Male & Female group

13. All Athletes will be provided suitable accommodation.

14. The Athletes who meet the Entry standards alone will be allowed to enter.

**11. NATIONAL 400m. OPEN ATHLETICS CHAMPIONSHIPS**

1. The DURATION of the Competition will be TWO days.
2. The Athletes belonging to the Men, Women, under 20 years Men, under 20 years Women, under 18 years Men, under 18 years Women, under 16 years Boys & under 16 years Girls will enter in this Competition. The date of reckoning the Age will be the last day of the Competition.
3. EVENT: **400m.**
4. The individual Athletes belonging to the "Affiliated States /UT Athletics Associations/Boards/Institutions" may directly enter in the Competition.
5. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the Report of "Age Verification Committee" & "Dope Test" from NADA.
6. All Athletes will be provided suitable accommodation.
7. The Athletes who meet the Entry standards alone will be allowed to enter.

**12. NATIONAL JAVELIN THROW OPEN ATHLETICS CHAMPIONSHIPS**

1. The DURATION of the Competition will be TWO days.
2. The Athletes belonging to the Men, Women, under 20 years Men, under 20 years Women, under 18 years Men, under 18 years Women, under 16 years Boys & under 16 years Girls will enter in this Competition. The date of reckoning the Age will be the last day of the Competition.
3. The individual Athletes belonging to the "Affiliated States /UT Athletics Associations/Boards/Institutions" may directly enter in the Competition.
4. EVENT: **Javelin Throw.**
5. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the Report of "Age Verification Committee" & "Dope Test" from NADA.
6. All Athletes will be provided suitable accommodation.
7. The Athletes who meet the Entry standards alone will be allowed to enter.



### 13. NATIONAL RELAYS OPEN ATHLETICS CHAMPIONSHIPS

- I. The DURATION of the Competition will be TWO days.
- II. The Athletes belonging to the Men, Women, under 20 years Men, under 20 years Women, under 18 years Men, under 18 years Women, under 16 years Boys & under 16 years Girls will enter in this Competition. The date of reckoning the Age will be the last day of the Competition.
- III. The "Affiliated States /UT Athletics Associations/Boards/ Institutions" may enter only One Team in each Relay event.
- IV. EVENT:
  - i. **4x100m. Relay**
  - ii. **4x400m. Relay**
  - iii. **4 x 400m. Mixed Relay**
  - iii. **Medley Relay**
- V. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the Report of "Age Verification Committee" & "Dope Test" from NADA.
- VI. All Athletes will be provided suitable accommodation.
- VII. The individual Athletes shall be required to meet the Entry standards for their entry in the Team.

### 14. NATIONAL CROSS-COUNTRY CHAMPIONSHIPS

1. The DURATION of the Competition will be ONE day.
2. The Competition will be organized in following categories-  
Men, Women, under 20 years Men, under 20 years Women, under 18 years Men, under 18 years Women, under 16 years Boys and under 16 years Girls categories
3. The teams representing the "Affiliated States /UT Athletics Associations" and 'Affiliated Sports Boards/Institutions' will enter in this Competition.
4. CROSS-COUNTRY RACES & DISTANCES:

<b>MEN:</b>	10 km.	<b>WOMEN:</b>	10 km.
<b>U 23 MEN:</b>	10 km.	<b>U 23 WOMEN:</b>	10 km.
<b>U 20 MEN:</b>	8 km.	<b>U 20 WOMEN:</b>	6 km.
<b>U 18 MEN:</b>	6 km.	<b>U 18 WOMEN:</b>	4 km.
<b>U 16 BOYS:</b>	2 km.	<b>U 16 GIRLS:</b>	2 km.
5. The Teams may enter "SIX" athletes in each race. Out of them 'SIX' will run but only 'FOUR' will score for "Team Championship" purpose. The Affiliated Sports Boards/Institutions shall enter Teams only in Men & Women categories.
6. The "Affiliated States/UT Athletics Association" may enter only "TWO" athletes in U 18 Men, U 18 Women, U 16 Boys and U 16 Girls categories.
7. PRIZES & TROPHIES
  - i. The First, Second & Third place winners will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the Report of "Age Verification Committee" & "Dope Test" from NADA.
  - ii. TEAM CHAMPIONSHIP: The 'BESTTEAMS' in MEN, WOMEN, U20 MEN, U20 WOMEN will be awarded Trophies. The 'BEST THREE TEAMS' in MEN, WOMEN, U20 MEN, U20 WOMEN will be awarded Medals and Bouquets. The Merit/Diploma certificates will be issued only after receiving the Report of "Age Verification Committee" & "Dope Test" from NADA. The best FOUR scoring members of each winning team who secure scoring points will be eligible for the same Awards.
  - iii. No team Championships will be awarded in U18 Men, U18 Women, U16 Boys and U16 Girls categories.

#### 14. NATIONAL MARATHON CHAMPIONSHIPS

1. The DURATION of the Competition will be ONE day.
2. MEN & WOMEN category will participate in the Competition.
3. Athletes below 18 years will not be allowed to participate in this Competition.
4. The teams representing the "Affiliated State/UT Athletics Associations", "Affiliated Sports Boards/Institutions" & "Recognised Units" will participate in this Competition.
5. MARATHON & DISTANCES:  

<b>MEN</b> {Full Marathon}:	42.195 km.	<b>MEN</b> {Half Marathon}:	21.098 km.
<b>WOMEN</b> {Full Marathon}:	42.195 km.	<b>WOMEN</b> {Half Marathon}:	21.098 km.
6. The participating teams may enter "EIGHT" athletes in each group.
7. PRIZES & TROPHIES
  - i. The First, Second & Third place winners will be awarded Medals and Bouquets.
  - ii. The Merit/Diploma certificates will be issued only after receiving the report of "Dope Test" from NADA.

#### 15. NATIONAL OPEN RACE WALKING CHAMPIONSHIPS

1. The DURATION of the Competition will be TWO days.
2. The Athlete below 40 years & above 18 years of age in Men, Women, under 20 years Men, under 20 years Women will enter in this Competition. The date of reckoning the Age will be the last day of the Competition.
3. The teams representing the "Affiliated State/UT Athletics Associations", "Affiliated Sports Boards/Institutions" and "Recognised Units" will enter in this Competition.
4. The participating teams may enter "EIGHT" athletes in each group.
5. RACE WALKING DISTANCES:  

<b>MEN:</b>	50 km.		
<b>MEN:</b>	20 km.	<b>WOMEN:</b>	20 km.
<b>U 20 MEN:</b>	10 km.	<b>U 20 WOMEN:</b>	10 km.
6. PRIZES & TROPHIES
  - i. The First, Second & Third place winners will be awarded Medals and Bouquets.
  - ii. The Merit/Diploma certificates will be issued only after receiving the Report of "Age Verification Committee" & "Dope Test" from NADA.





## ATHLETICS FEDERATION of INDIA

### STATES/UT ASSOCIATIONS & BOARDS/INSTITUTIONS AFFILIATED with AFI

ABBREVIATIONS TO BE USED FOR AFFILIATED STATES / UNITS

#### STATES/UT ASSOCIATIONS:

1.	ANDAMAN & NICOBAR	A&N
2.	ANDHRA PRADESH	ANP
3.	ARUNACHAL PRADESH	ARP
4.	ASSAM	ASM
5.	BIHAR	BIH
6.	CHANDIGARH	CHD
7.	CHHATTISGARH	CGH
8.	DELHI	DEL
9.	GOA	GOA
10.	GUJRAT	GUJ
11.	HARYANA	HAR
12.	HIMACHAL PRADESH	HIP
13.	JAMMU & KASHMIR	J&K
14.	JHARKHAND	JHA
15.	KARNATAKA	KAR
16.	KERALA	KER
17.	LAKSHADWEEP	LKD
18.	MADHYA PRADESH	MAP
19.	MAHARASHTRA	MAH
20.	MANIPUR	MAN
21.	MEGHALAYA	MEG
22.	MIZORAM	MIZ
23.	NAGALAND	NAG
24.	ODISHA	ORI
25.	PUDICHERRY	PON
26.	PUNJAB	PUN
27.	RAJASTHAN	RAJ
28.	SIKKIM	SIK
29.	TAMILNADU	TAN
30.	TELANGANA	TEL
31.	TRIPURA	TRI
32.	UTTAR PRADESH	UTP
33.	UTTARAKHAND	UTT
34.	WEST BENGAL	WEB



## **ATHLETICS FEDERATION of INDIA**

### **AFFILIATED SPORTS BOARDS:**

1.	ALL INDIA ELECTRICITY SPORTS CONTROL BOARD	AIESCB
2.	ALL INDIA POLICE SPORTS CONTROL BOARD	POL
3.	ASSOCIATION of INDIAN UNIVERSITIES	AIU
4.	COAL INDIA SPORTS PROMOTION BOARD	COAL
5.	F.C.I. SPORTS PROMOTION BOARD	FCI
6.	L.I.C. SPORTS PROMOTION BOARD	LIC
7.	MAJOR PORTS SPORTS CONTRL BOARD	PORT
8.	O.N.G.C.	ONGC
9.	ORDANANCE FACTORY SPORTS CONTROL BOARD	ORD
10.	RAILWAY SPORTS PROMOTION BOARD	RSPB
11.	SERVICES SPORTS CONTROL BOARD	SSCB
12.	STEEL PLANTS SPORTS BOARD.	SPSB

### **RECOGNISED UNITS / BOARDS:**

1.	BORDER SECURITY FORCE.	BSF
2.	CRPF.	CRP
3.	INDIAN BANK CENTRAL SPORTS COMMITTEE.	BANK
4.	PUNJAB STATE ELECTRICITY BOARD.	PSEB
5.	BSNL SPORTS & CULTURAL BOARD.	BSNL
6.	ARMY SPORTS CONTROL BOARD.	ASCB
7.	AIRFORCE SPORTS CONTROL BOARD.	AFSCB
8.	INDIAN NAVY SPORTS CONTROL BOARD.	INSCB
9.	TATA MOTORS SPORTS BOARDS.	TATA

### **Annexures:**

- "A"- Bid to conduct the National Competitions.**
- "B"- Agreement form between AFI & Host Unit to conduct the National Competitions.**
- "C"- AFI Flag**
- "D"- Medals**
- "E"- Oaths**
- "F"- Events & Specifications**
- "G"- Protocol for Age Verification**
- "H"- Bib Numbers.**
- "I"- Technical Official's Uniform.**





## ATHLETICS FEDERATION of INDIA

**Annexure "A"**

### **BID TO CONDUCT THE NATIONAL COMPETITION(S)**

1. Name of the Competition: \_\_\_\_\_
2. Venue & Date (s) of the Competition: \_\_\_\_\_
3. Route to the Venue: \_\_\_\_\_
4. Type of Track: \_\_\_\_\_
5. Meteorological Data: Temperature: Maximum ..... & Minimum.....  
Relative Humidity - Range .....
6. Type of accommodation being Proposed to be given: Athletes: \_\_\_\_\_  
Officials: \_\_\_\_\_  
\_\_\_\_\_
7. Date when AFI Observers can: Visit venue/city \_\_\_\_\_
8. Competition Director: Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
Mobile: \_\_\_\_\_  
Email: \_\_\_\_\_
9. Organising Committee: **CHAIRMAN**  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
Mobile: \_\_\_\_\_  
Email: \_\_\_\_\_
- SECRETARY**  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
Mobile: \_\_\_\_\_  
Email: \_\_\_\_\_
10. Name of the Local In charge: Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
Mobile: \_\_\_\_\_  
Email: \_\_\_\_\_
11. Entries to be sent: Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
Mobile: \_\_\_\_\_  
Email: \_\_\_\_\_

Hony PRESIDENT \_\_\_\_\_ Hony SECRETARY \_\_\_\_\_

Name of the Association / Board: \_\_\_\_\_



## ATHLETICS FEDERATION of INDIA

Annexure "B"

### AGREEMENT FORM

#### ATHLETICS FEDERATION OF INDIA Vs HOST UNIT

Name of the COMPETITION	
Name of the parties	1. 2.
Name and address of the PRESIDENT:	
Name and address of the SECRETARY:	

### DECLARATION

1. We hereby agree to organize the .....(Name of the Competition). We also agree to follow the "Rules & Regulations" mentioned in "INDIAN ATHLETICS MANUAL", failing which we would pay the penalty decided by AFI.
2. We will invite AFI Delegates, Technical Officials and all Office Bearers of the AFI as per AFI Rules.
3. We undertake the responsibility to make the payment to the concerned vendors towards Medals & TSR Vendor (Scientific equipment vendor) etc. as per guidelines issued by the AFI.

Signature of the President \_\_\_\_\_

Signature of the Secretary \_\_\_\_\_

**(With Stamp of the Unit)**

To:  
The Secretary  
Athletics Federation of India  
A-90, 2<sup>nd</sup> Floor, Naraina Industrial Area, Phase -1  
New Delhi – 110028





## ATHLETICS FEDERATION of INDIA

Annexure "C"

### **\* AFI FLAG \***

The Specification of AFI Flag will be as follows:

- a) SIZE: Length -  $150 \pm 2$  cm.  
Width -  $100 \pm 2$  cm.
- b) CLOTH: SILK
- c) COLOUR: MAROON
- d) LOGO: The "AFI Logo" will be printed in the middle of the flag with AFI written below AFI Logo. The Size of AFI Logo will be 30 cm. in diameter. AFI will be written below AFI Logo in a length of maximum 120 cm.



**ATHLETICS FEDERATION OF INDIA**



## ATHLETICS FEDERATION of INDIA

Annexure "D"

### **\* MEDALS \***

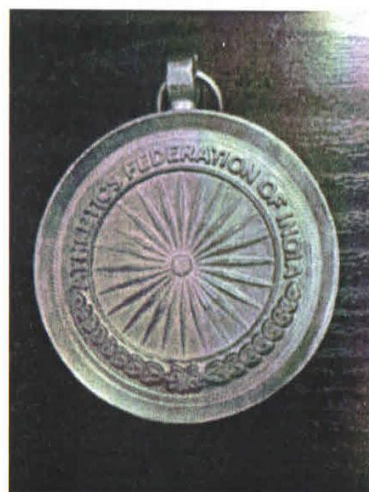
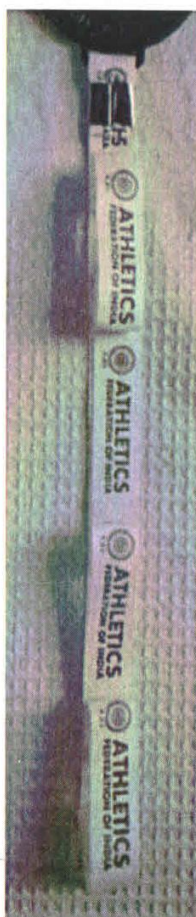
The details of the Design and matter to be engraved or embossed in the Medals are given below:

The size of the Medal will be 75 mm in diameter and 2 mm in thickness.

One side ('A') side of the Medals will have "AFI logo" with ATHLETICS FEDERATION OF INDIA, written around the "**AFI Logo**". The matter and Logo of this side of the Medal will remain same for all National Competitions.

The other side ('B') side of the Medals will bear the name of the Competition on the upper half of the Medals and Date & Venue on the lower half of the Medal.

### Sample of the design of the Medals







## ATHLETICS FEDERATION of INDIA

Annexure "E"

### \* OATHS \*

#### ATHLETES

IN THE NAME OF ALL COMPETITORS, I PROMISE THAT WE SHALL TAKE PART IN the .....(NAME of the **COMPETITION**) RESPECTING AND ABIDING BY THE RULES & REGULATIONS OF WORLD ATHLETICS AND ATHLETICS FEDERATION OF INDIA, THAT GOVERN THEM, COMMITTING OURSELVES TO ATHLETICS WITHOUT DOPING AND WITHOUT DRUGS, IN THE TRUE SPIRIT OF SPORTSMANSHIP, FOR THE GLORY OF ATHLETICS AND THE HONOUR OF OUR TEAMS AND OUR COUNTRY.

\*~\*~\*

#### OFFICIALS

IN THE NAME OF ALL THE JUDGES AND OFFICIALS, I PROMISE THAT WE SHALL OFFICIATE IN THE ..... (NAME of the **COMPETITION**) WITH COMPLETE AND UTMOST IMPARTIALITY AND INTEGRITY RESPECTING AND ABIDING BY THE RULES OF WORLD ATHLETICS AND ATHLETICS FEDERATION OF INDIA, WHICH GOVERN THEM IN THE TRUE SPIRIT OF SPORTSMANSHIP.

\*~\*~\*

#### COACHES

IN THE NAME OF ALL THE COACHES AND MEMBERS OF THE ATHLETES' ENTOURAGE, I PROMISE THAT WE SHALL COMMIT OURSELVES TO ENSURING THAT THE SPIRIT OF SPORTSMANSHIP AND FAIR PLAY IS FULLY ADHERED TO AND UPHELD IN ACCORDANCE WITH THE FUNDAMENTALS OF WORLD ATHLETICS & ATHLETICS FEDERATION OF INDIA.

\*~\*~\*

#### COMBINED OATH BY AN ATHLETE, AN OFFICIAL & ONE COACH

IN THE NAME OF THE ATHLETES  
IN THE NAME OF ALL JUDGES  
IN THE NAME OF ALL THE COACHES & TEAM OFFICIALS

WE PROMISE TO TAKE PART IN THE ..... (NAME of the **COMPETITION**), RESPECTING AND ABIDING BY THE RULES AND IN THE SPIRIT OF FAIR PLAY. WE ALL COMMIT OURSELVES TO ATHLETICS WITHOUT DOPING & CHEATING. WE DO THIS FOR THE GLORY OF ATHLETICS, FOR THE HONOUR OF OUR TEAMS AND IN RESPECT FOR THE FUNDAMENTAL PRINCIPLES OF WORLD ATHLETICS.





# ATHLETICS FEDERATION of INDIA

Annexure "F"

## \* LIST OF EVENTS \*

LIST of EVENTS * MEN & BOYS * Year 2020 (With Abbreviations)							
MEN & U23 MEN				U20 MEN			
Sl.No.	EVENTS	Abbreviations	Specification	Sl.No.	EVENTS	Abbreviations	Specification
1	100 Metres	100m		1	100 Metres	100m	
2	200 Metres	200m		2	200 Metres	200m	
3	400 Metres	400m		3	400 Metres	400m	
4	800 Metres	800m		4	800 Metres	800m	
5	1500 Metres	1500m		5	1500 Metres	1500m	
6	5000 Metres	5000m		6	5000 Metres	5000m	
7	10,000 Metres	10,000m		7	10,000 Metres	10,000m	
8	110 Metres Hurdles	110mH	1.067m	8	110 Metres Hurdles	110mH	0.991m
9	400 Metres Hurdles	400mH	0.914m	9	400 Metres Hurdles	400mH	0.914m
10	3000 Metres Steeplechase	3000mSC	0.914m	10	3000 Metres Steeplechase	3000mSC	0.914m
11	High Jump	HJ		11	High Jump	HJ	
12	Pole Vault	PV		12	Pole Vault	PV	
13	Long Jump	LJ		13	Long Jump	LJ	
14	Triple Jump	TJ		14	Triple Jump	TJ	
15	Shot Put	SP	7.260kg	15	Shot Put	SP	6.000kg
16	Discus Throw	DT	2.000kg	16	Discus Throw	DT	1.750kg
17	Hammer Throw	HT	7.260kg	17	Hammer Throw	HT	6.000kg
18	Javelin Throw	JT	800g	18	Javelin Throw	JT	800g
19	4 x 100 Metres Relay	4 x 100mR		19	4 x 100 Metres Relay	4 x 100mR	
20	4 x 400 Metres Relay	4 x 400mR		20	4 x 400 Metres Relay	4 x 400mR	
21	4 x 400 Metres Mixed Relay	4 x 400mMR		21	4 x 400 Metres Mixed Relay	4 x 400mMR	
22	Decathlon (Two Days)	Dec	10 events	22	Decathlon (Two Days)	Dec	10 events
23	20,000 Metres Race Walk	20,000mRW	20,000m	23	10000 Metres Race Walk	10000mRW	10,000m
24	20 Kilometres Race Walk	20kmRW	20km	24	10 Kilometres Race Walk	10kmRW	10km
25	50 Kilometres Race Walk	50kmRW	50km	25	8 Kilometres Cross-Country	JM	8km
26	10 Kilometres Cross-Country	SM	10km				
U18 BOYS				U16 BOYS			
1	100 Metres	100m		1	100 Metres	100m	
2	200 Metres	200m		2	300 Metres	300m	
3	400 Metres	400m		3	800 Metres	800m	
4	800 Metres	800m		4	2000 Metres	2000m	
5	1500 Metres	1500m		5	80 Metres Hurdles (7 flight.)	80mH	0.838m
6	3000 Metres	3000m		6	High Jump	HJ	
7	110 Metres Hurdles	110mH	0.914m	7	Long Jump	LJ	
8	400 Metres Hurdles	400mH	0.838m	8	Shot Put	SP	4.000kg
9	2000 Metres Steeplechase	2000mSC	0.838m	9	Discus Throw	DT	1.250kg
10	High Jump	HJ		10	Hammer Throw	HT	4.000kg
11	Pole Vault	PV		11	Javelin Throw	JT	600g
12	Long Jump	LJ		12	Medley Relay	MedleyR	
13	Triple Jump	TJ		13	Hexathlon (Two Days)	Hex	Six Events
14	Shot Put	SP	5.000kg	14	5000 Metres Race Walk	5000mRW	5000m
15	Discus Throw	DT	1.500kg	15	2 Kilometres Cross-Country	JB2	2km
16	Hammer Throw	HT	5.000kg				
17	Javelin Throw	JT	700g	U14 BOYS			
18	Medley Relay	MedleyR		1	60 Metres	60m	
19	Decathlon (Two Days)	Dec	10 events	2	600 Metres	600m	
20	10,000 Metres Race Walk	10,000mRW	10,000m	3	High Jump	HJ	
21	6 Kilometres Cross-Country	JB6	6km	4	Long Jump	LJ	
<b>DECATHLON (MEN, U 23 Men, U20 Men &amp; U18 Boys)</b>				5	Shot Put	SP	3.000kg
DAY "1": 100m, Long Jump, Shot Put, High Jump & 400m.				6	Ball Throw	BT	159g ± 4g.
DAY "2": 110mH, Discus Throw, Pole Vault, Javelin Throw & 1500m.				7	Triathlon (One Day)	Tri	Three Events
TRIATHLON (U 14 BOYS)				HEXATHLON (U 16 BOYS)			
ONE DAY: 60m, Long Jump & Ball Throw.				DAY "1": 100m, Long Jump & Shot Put.			
				DAY "2": High Jump, Javelin Throw & 1000m.			





## ATHLETICS FEDERATION of INDIA

### LIST of EVENTS \* WOMEN & GIRLS \* Year 2020 (With Abbreviations)

WOMEN & U23WOMEN				U20 WOMEN			
Sl.No.	EVENTS	Abbreviations	Specification	Sl.No.	EVENTS	Abbreviations	Specification
1	100 Metres	100m		1	100 Metres	100m	
2	200 Metres	200m		2	200 Metres	200m	
3	400 Metres	400m		3	400 Metres	400m	
4	800 Metres	800m		4	800 Metres	800m	
5	1500 Metres	1500m		5	1500 Metres	1500m	
6	5000 Metres	5000m		6	3000 Metres	3000m	
7	10,000 Metres	10,000m		7	5000 Metres	5000m	
8	100 Metres Hurdles	100mH	0.838m.	8	100 Metres Hurdles	100mH	0.838m.
9	400 Metres Hurdles	400mH	0.762m.	9	400 Metres Hurdles	400mH	0.762m.
10	3000 Metres Steeplechase	3000mSC	0.762m.	10	3000 Metres Steeplechase	3000mSC	0.762m.
11	High Jump	HJ		11	High Jump	HJ	
12	Pole Vault	PV		12	Pole Vault	PV	
13	Long Jump	LJ		13	Long Jump	LJ	
14	Triple Jump	TJ		14	Triple Jump	TJ	
15	Shot Put	SP	4.000kg	15	Shot Put	SP	4.000kg
16	Discus Throw	DT	1.000kg	16	Discus Throw	DT	1.000kg
17	Hammer Throw	HT	4.000kg	17	Hammer Throw	HT	4.000kg
18	Javelin Throw	JT	600g	18	Javelin Throw	JT	600g
19	4 x 100 Metres Relay	4 x 100mR		19	4 x 100 Metres Relay	4 x 100mR	
20	4 x 400 Metres Relay	4 x 400mR		20	4 x 400 Metres Relay	4 x 400mR	
21	4 x 400 Metres Mixed Relay	4 x 400mMR		21	4 x 400 Metres Mixed Relay	4 x 400mMR	
22	Heptathlon (Two days)	Hep	7 Events	22	Heptathlon (Two days)	Hep	7 Events
23	20,000 Metres Race Walk	20,000mRW	20,000m	23	10,000 Metres Race Walk	10,000mRW	10,000m.
24	20 Kilometres Race Walk	20kmRW	20km	24	10 Kilometres Race Walk	10kmRW	10km
25	10 Kilometres Cross-Country	SW	10km	25	6 Kilometres Cross-Country	JW	6km

U18 GIRLS				U16 GIRLS			
Sl.No.	EVENTS	Abbreviations	Specification	Sl.No.	EVENTS	Abbreviations	Specification
1	100 Metres	100m		1	100 Metres	100m	
2	200 Metres	200m		2	300 Metres	300m	
3	400 Metres	400m		3	800 Metres	800m	
4	800 Metres	800m		4	2000 Metres	2000m	
5	1500 Metres	1500m		5	80 Metres Hurdles (8 flight.)	80mH	0.762m
6	3000 Metres	3000m		6	High Jump	HJ	
7	100 Metres Hurdles	100mH	0.762m.	7	Long Jump	LJ	
8	400 Metres Hurdles	400mH	0.762m.	8	Shot Put	SP	3.000kg
9	2000 Metres Steeplechase	2000mSC	0.762m.	9	Discus Throw	DT	1.000kg
10	High Jump	HJ		10	Javelin Throw	JT	500g
11	Pole Vault	PV		11	Medley Relay	MedleyR	
12	Long Jump	LJ		12	Hexathlon (Two Days)	Hex	Six Events
13	Triple Jump	TJ		13	3000 Metres Race Walk	3000mRW	3000m
14	Shot Put	SP	3.000kg	14	2 Kilometres Cross-Country	JB2	2km
15	Discus Throw	DT	1.000kg				
16	Hammer Throw	HT	3.000kg				
17	Javelin Throw	JT	500g				
18	Medley Relay	MedleyR					
19	Heptathlon (Two days)	Hep	7 Events				
20	5000 Metres Race Walk	5000mRW	5000m				
21	4 Kilometres Cross-Country	JG4	4km				

U14 GIRLS			
Sl.No.	EVENTS	Abbreviations	Specification
1	60 Metres	60m	
2	600 Metres	600m.	
3	High Jump	HJ	
4	Long Jump	LJ	
5	Shot Put	SP	2.000kg
6	Ball Throw	BT	159g ± 4g.
7	Triathlon (One Day)	Tri	Three Events

HEXATHLON (U 16 GIRLS)			
DAY "1": 100m Hurdles, Long Jump & Shot Put.			
DAY "2": High Jump, Javelin Throw & 800m.			

TRIATHLON (U 14 GIRLS)			
ONE DAY: 60m, Long Jump & Ball Throw.			

HEPTATHLON (Women, U 23 Women & U20 Women).			
HEPTATHLON (U 18 GIRLS)			
DAY "1": 100m Hurdles, High Jump, Shot Put & 200m.			
DAY "2": Long Jump, Javelin Throw & 800m.			





## ATHLETICS FEDERATION of INDIA

ABBREVIATIONS			
Details	Abbreviations	Details	Abbreviations
World Athletics (Previously IAAF)	<b>WA</b>	Asian Athletics Association	<b>AAA</b>
World Athletics World Championships	<b>WCH</b>	Athletics Federation of India	<b>AFI</b>
World Athletics World Indoor Championships	<b>WIC</b>	Indian Olympic Association	<b>IOA</b>
World Athletics World Junior Championships	<b>WJC</b>	<u>Track Events with Four, Three, Two &amp; One phases</u>	
World Athletics World Youth Championships	<b>WYC</b>	Stage "1" - Preliminary Round (When applicable)	<b>Prelim..</b>
World Athletics World Cross-Country Championships	<b>WXC</b>	Stage "2" - Round - '1'	<b>R1.....</b>
World Athletics World Race Walking Cup	<b>WRW</b>	Stage "3" - Semi - Final	<b>SF.....</b>
World Athletics World Half Marathon Championships	<b>WHM</b>	Stage "4" - Final	<b>F</b>
World Athletics World Relays	<b>IWR</b>	<u>Field Events with Two phases</u>	
World Athletics Series	<b>WAS</b>	Stage "1" - Qualifying Rounds (Group "A", "B")	<b>QR.....</b>
Court of Arbitration in Sports	<b>CAS</b>	Stage "2" - Final	<b>F</b>
Olympic Games	<b>OG</b>	<u>Combined Events</u>	
Youth Olympic Games	<b>YOG</b>	Track Events - Heat '1', Heat '2' & so on.....	<b>H1, H2...</b>
Asian Games	<b>AG</b>	Field Events - Group 'A', Group 'B' & so on	<b>Group A..</b>
State/UT Athletics Associations	<b>SAA</b>	<u>Timing Performances * Colon, &amp; Decimal</u>	
World Record	<b>WR</b>	2 Hours, 24 Minutes and 48 Seconds	<b>2:24:48</b>
Olympic Record	<b>OR</b>	2 Minutes, 24 Seconds and 48/1000ths	<b>2:24.48</b>
Asian Games Record	<b>AGR</b>	2 Minutes, 24 Seconds and 2/10ths	<b>2:24.2</b>
Commonwealth Games Record	<b>CWR</b>	9 Seconds and 98/100ths	<b>9.98</b>
Area Record	<b>AR</b>	9 Seconds and 9/10ths	<b>9.9</b>
National Anti-Doping Agency	<b>NADA</b>	<u>Field Events - Distance &amp; Heights</u>	
World Anti-Doping Agency	<b>WADA</b>	Distances & Heights must be expressed in metres & decimal of Metres	
Authorised Neutral Athlete	<b>ANA</b>	2 Metres and 24 Centimetres	<b>2.24</b>
Altitude over 1000 Metres	<b>A</b>	22 Meters and 24 Centimetres	<b>22.24</b>
National Record	<b>NR</b>	Qualified by right (Achieved qualifying Place/Standard)	<b>Q</b>
New National Record	<b>NNR</b>	Qualified on Time, Distance or Height.	<b>q</b>
Championships Record	<b>CR</b>	Wind assisted ( > 2.0 m/s)	<b>w</b>
New Championships Record	<b>NCR</b>	Wind assisted - Combined Events ( > 4.0 m/s)	<b>W</b>
Meet Record	<b>MR</b>	Clearance in High Jump or Pole Vault Events	<b>O</b>
New Meet Record	<b>NMR</b>	Failure in Field Events	<b>X</b>
State Record	<b>SR</b>	Pass in Field Events Trials	<b>--</b>
New State Record	<b>NSR</b>	Did not Start	<b>DNS</b>
Medal Ceremony	<b>MC</b>	Did not Finish	<b>DNF</b>
Date of Birth	<b>DOB</b>	Disqualified	<b>DQ</b>
Organisation Delegate	<b>OD</b>	No Mark recorded	<b>NM</b>
Technical Delegate	<b>TD</b>	Retired (Abandoned the Competition)	<b>r</b>
Entry Standards	<b>ES</b>	False Start (Reaction time < 0.1 sec.	<b>Fn</b>
		Indoors	<b>i</b>





## ATHLETICS FEDERATION of INDIA

18th NATIONAL INTER DISTRICT JUNIOR ATHLETICS MEET 2020									
LIST of EVENTS * BOYS & GIRLS * Year 2020 (With Abbreviations)									
U16 BOYS				U16 GIRLS					
Sl.No.	EVENTS	Abbreviations	Specification	Sl.No.	EVENTS	Abbreviations	Specification		
1	100 Metres	100m		1	100 Metres	100m			
2	300 Metres	300m		2	300 Metres	300m			
3	1000 Metres	1000m		3	1000 Metres	1000m			
4	80 Metres Hurdles (7 flight)	80mH	0.838m.	4	80 Metres Hurdles (8 flight)	80mH	0.762m.		
5	High Jump	HJ		5	High Jump	HJ			
6	Long Jump	LJ		6	Long Jump	LJ			
7	Shot Put	SP	4.000kg	7	Shot Put	SP	3.000kg		
8	Discus Throw	DT	1.250kg	8	Discus Throw	DT	1.000kg		
9	Javelin Throw	JT	600g	9	Javelin Throw	JT	500g		
U14 BOYS				U14 GIRLS					
1	60 Metres	60m		1	60 Metres	60m			
2	600 Metres	600m		2	600 Metres	600m			
3	High Jump (Scissor)	HJ		3	High Jump (Scissor)	HJ			
4	Long Jump	LJ		4	Long Jump	LJ			
5	Shot Put	SP	3.000kg	5	Shot Put	SP	2.000kg		
6	Ball Throw	BT	159g. ± 4g.	6	Ball Throw	BT	159g. ± 4g.		
*~* RULES *~*									
U16 BOYS * U16 GIRLS									
*	BOYS - 80 m. Hurdles - 7 Flights * Height - 0.838m. * 13.5m / 8.6m / 14.9m								
*	GIRLS - 80 m. Hurdles - 8 Flights * Height - 0.762m. * 12m / 8m / 12m								
U14 BOYS * U14 GIRLS									
1	Boys & Girls - High Jump shall be on Scissor pattern.								
2	Boys & Girls - Ball Throw- Sector - Javelin * Specification - Leather or Synthetic Ball of 159g.±4g. & 0.23m circumference								
GENERAL RULES									
1	A Senior Athlete can enter maximum in Two Individual Event & Two Relay events. However, A Junior Athlete can enter in Two Individual Events & One Relay event.								
2	If the Two individual events are track events, only one of these races should be longer than 200m. in U 18 & U16 groups								
3	Only Three athletes can enter in each event (Except relays) in Seniors (Men,Women & U 23) Athletics Championships and also in single age group Championships for Juniors i.e. National Federation Cup Junior Athletics Championships & National Youth Athletics Championships.								
4	Only Two athletes can enter in each event (Except relays) in all Age group Junior Athletics Championships i.e. National Junior Athletics Championships & Zonal Junior Athletics Championships.								
5	Four Athletes can enter in each relay event in all Athletics championships . Any Four Additional Athletes from among those entered for the Championships, whether for Relay or any other event, may be used in the composition of the Relay Team in any Round. * World Athletics Technical Rules 2020 - Part 'I' - Para 24.10 of Rule 170 (Relay Races)								
6	No athlete below 16 years of age is entitled to enter in Men, Women and U 23, U 20, U18 years Boys & Girls category								
7	The District Units can enter Two Athletes in one event in National Inter District Junior Athletics Meet. However an Athlete can participate in One Event Only.								
8	The District Units can enter only 13 Athletes with 2 Team Officials in National Inter District Junior Athletics Meet.								
9	No athlete below 12 years of age is entitled to enter in National Junior, Zonal & National Inter District Junior Athletics M								
10	The athletes are required to produce the Original Date of Birth Certificate (as per AFI Guidelines) at the time of Age Ver								
11	The date of reckoning the Age of an Age Group Athlete will be the last date/day of the Championships.								
12	Running Shoes or Sports Shoes are compulsory for participating in all Athletics Championships.								
13	The Rules/Regulations of World Athletics Technical Rules 2020 will be applicable on Athletics Championships.								
14	The Rules & Guidelines of Indian Athletics Manual (updated on 01.01.2020) will be applicable to all Athletics Champion								



## ATHLETICS FEDERATION of INDIA

Annexure "G-1"

### **PROTOCOL TO BE FOLLOWED FOR AGE VERIFICATION**

#### PROTOCOL FOR TAKING HAND & WRIST X RAY of the LEFT HAND OF THE ATHLETE

1. The centre should have digital X-Ray facility, CR or DR. preferably DR.
2. Image of left hand and wrist should be taken. The wrist part should cover 2 inches from the hand.
3. Images should be transferred online in DICOM and JPEG format.
4. Images should also be given in a CD/DVD/Pen Drive
5. Correct name and Date of Birth of the athlete should be written on the image.
6. Personal details form and Consent form should be attached with report.
7. Height and Weight are necessary. Therefore it is to be ensured that height and weight are mentioned in the form.
8. Ensure that Certificate of Radiology test (Undertaking form signed by Competent Authority) should be attached with report.
9. Date of Birth Certificate and Aadhar card/AFI ID Card/Any other ID proof should be attached.





## ATHLETICS FEDERATION of INDIA

Annexure "G-2"

### Mandatory for all junior athletes

To be sent to all the State Associations for bringing it prior to each Junior  
Championships

### CONSENT FORM

Space for  
Colored  
Passport size photograph  
Self-attested

A. **Informed Consent**

B. I.....Son/Daughter/under the Guardianship  
of.....  
.....(Name and Address) voluntarily give my consent for complete medical  
examination for the purpose of age estimation. I understand that this examination may involve  
physical examination and radiography. The purpose, procedure and use of such examination  
have been explained to me in the language which I understand.

**Signature of the athlete**

**Guardian's Signature if the Athlete is below 18 years.**

Date:



## ATHLETICS FEDERATION of INDIA

Annexure "G-3"

### CERTIFICATE OF RADIOLOGY TEST

Date: .....

I hereby testify that the Radiology test (X Ray Examination) of Mr./Miss (name of the Athlete)  
\_\_\_\_\_ Son/Daughter of Sri \_\_\_\_\_ in  
Athletics (Event - ..... ) was conducted in my presence.

Signature of the Doctor certifying the Age.





## ATHLETICS FEDERATION of INDIA

Annexure "G-4"

### DIGITAL X-RAY LEFT WRIST WITH HAND -AP VIEW

**Clinical profile:** Bone Age Estimation

Name: .....

Sex: Male / Female

Date of Birth: .....

Chronological Age: ..... Years, ..... Months.

X-ray done on- .....

#### FINDINGS

The estimated bone age according to Greulich and Pyle method is between 16 and 17 years, as the epiphyses of the 2nd to 5th metacarpals have fused while the fusion of epiphysis of the ulna has not begun.

The estimated bone age according to Greulich and Pyle method is between 17 and 18 years, as the epiphysis of the ulna has not completely fused and the radial epiphysis also shows incomplete fusion.

The estimated bone age according to Greulich and Pyle method is between 18 and 19 years, as the epiphysis of the radius is not completely fused, while all other epiphyses have fused.

The estimated bone age according to Greulich and Pyle method is 19 years and above, the radial epiphysis has fused with the shaft, completing the skeletal maturation of the hand and wrist.

The estimated bone age as per Tanner - Whitehouse 3 (RUS score) is 16 years.

Since the chronological age is --- years and --- months, the bone age estimation was done using TW 3 (RUS score) method. The Tanner - Whitehouse RUS maturation score is 1000 and the skeletal maturation is complete. The estimated bone age is above 16 years and 06 months based on TW 3 (RUS score) method.

Hence, bone age estimation was further done using Greulich and Pyle method. The bone age is between 17 and 18 years as the epiphysis of the ulna has not completely fused and the radial epiphysis also shows incomplete fusion.

## FEMALE

Since the chronological age is --- years and --- months, the bone age estimation was done using TW 3 (RUS score) method. The Tanner - Whitehouse RUS maturation score is 1000 and the skeletal maturation is complete. The estimated bone age is above 15 years based on TW 3 (RUS score) method.

Hence the estimated bone age according to Greulich and Pyle method is between 15 and 16 years, as the epiphyses of the radius and ulna have started to fuse with the shaft and fusion of the ulnar epiphysis is more than radial but still not complete.

The estimated bone age according to Greulich and Pyle method is between 16 and 17 years, as the fusion of epiphysis of the radius is still not complete and the epiphysis of the ulna is nearly completely fused.

The estimated bone age according to Greulich and Pyle method is between 17 and 18 years, as there is complete fusion of the epiphysis of the radius.

The estimated bone age according to Greulich and Pyle method is 18 and above, as the epiphysis of the radius is fused and the hand is indistinguishable from that of a young adult.

\*~\*~\*





## ATHLETICS FEDERATION of INDIA

Annexure "G-5"

### ATHLETE PROFILE

Name of the Athlete: .....

Gender: .....

Date of Birth: .....

Contact details-

Mobile No.: .....

E mail I.D.: .....

Address: .....

.....

Father's Name: .....

Mother's Name: .....

State: .....

Athletics event: .....

Category: .....

Aadhar card No. ....

Passport details:

Number: .....

Place of Issue: .....

Date of Issue: .....

Valid till: .....

Name of the Institution studying: .....

Class / Course: .....

If employed, Name of Employer: .....

Signature of Athlete

### For Office Use only

Date of Entry in the Record: .....

Reference Number: .....

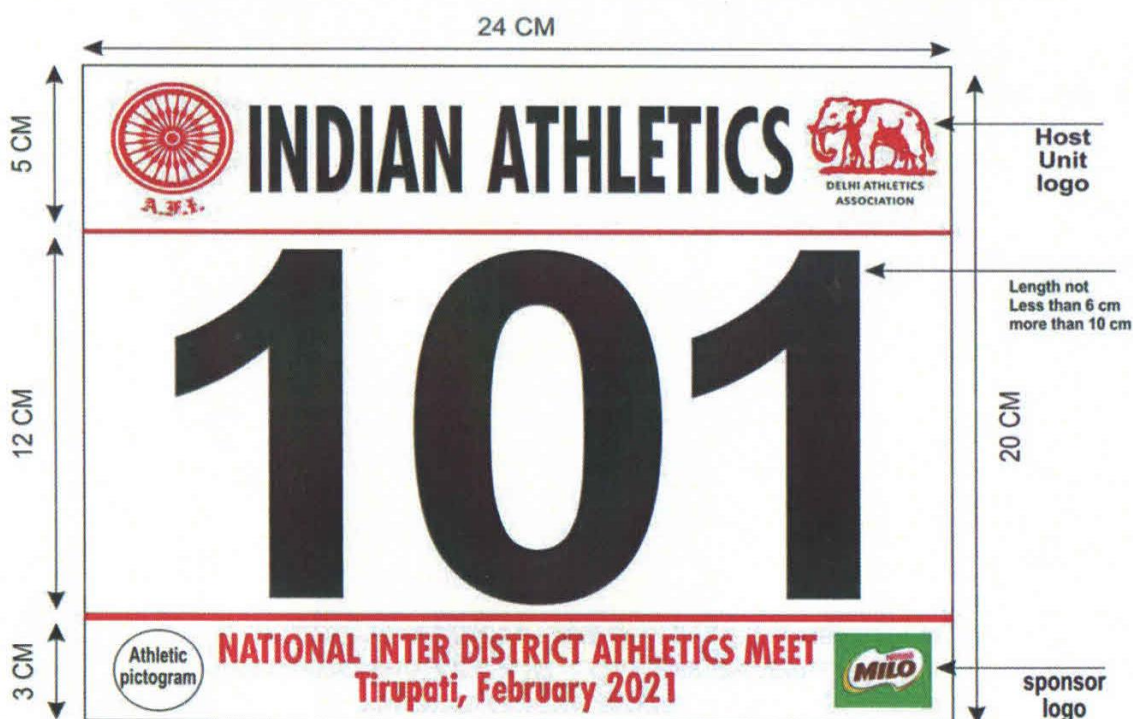


## ATHLETICS FEDERATION of INDIA

### Annexure "H"

#### BIB NUMBERS

- The maximum dimension of Bib Number shall be Twenty Four (24) cm. in width & Twenty (20) cm. in height.
- The maximum length of identification above the number should be not more than Five (5) cm.
- The length of Digits/Numerals shall be not less than Six (6) cm. and not more than Ten (10) cm.
- The Digits/Numerals must be clearly visible.
- The maximum height of identification below the number should not be more than Three (3) cm.
- The Bib numbers will be printed on white cloth or any other suitable material with BLACK print {permanent colour of NUMERALS/DIGITS} on it.
- A maximum of two different sponsors per Competition are permitted but only one may appear on each Bib number.







## ATHLETICS FEDERATION of INDIA

Annexure "I"

### TECHNICAL OFFICIAL's UNIFORM

#### Design & Colour:

✓ O.D. & T.D.:	<u>Shirt / T Shirt</u> - White.	<u>Pant</u> - Grey.
✓ WA Level '1' (NTO):	<u>T Shirt &amp; Jacket</u> - Sea Green	<u>Pant</u> - Grey.
✓ AFI 'A' & 'B' (FTO/FSTO):	<u>T Shirt &amp; Jacket</u> - Cyan Blue.	<u>Pant</u> - Grey.
✓ Volunteers (Including SSVs):	<u>T Shirt</u> - Maroon Red.	<u>Pant</u> - Black.

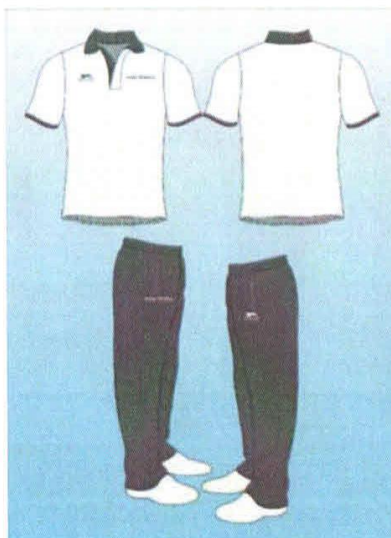
#### Notes:

- Grey Pant and Black Sports Shoes shall be common for all Technical Officials i.e. Organisational Delegate (OD), Technical Delegate (TD), National Technical Official (NTO), Federation Technical Official (FTO) & Federation State Technical Official (FSTO).
- The LOC (Local Organising Committee) will be advised to provide or organize Uniform for SSVs (Sports Specific Volunteers) & Volunteers. If LOC manages to rope in any sponsor of the Competition, then they may use sponsor's Logo on the Cap, that may be used by the Officials & Volunteers.
- The Pattern & Design of Uniform is standardized and the agency has been asked to strictly adhered to the guidelines approved by AFI.

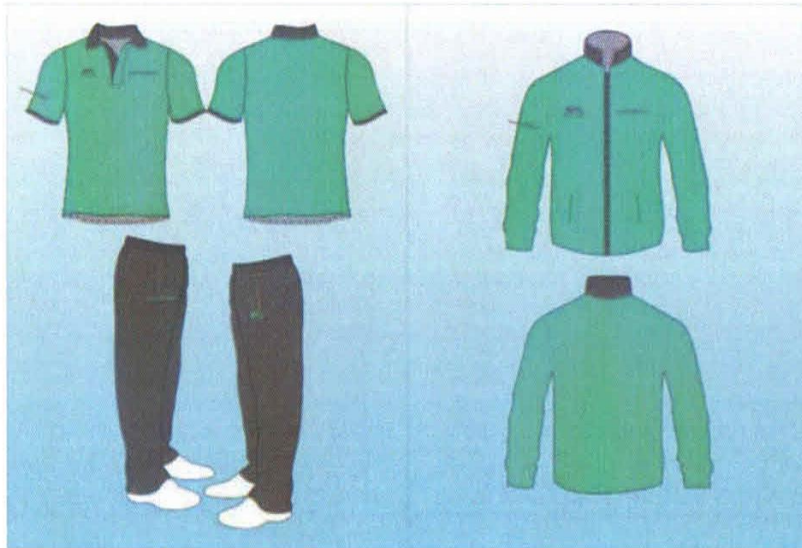
✓ O.D. & T.D.:

Shirt / T Shirt – White.

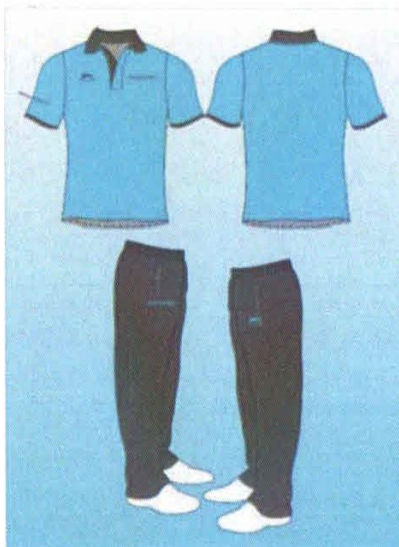
Pant – Grey



✓ **WA Level '1' (NTO):**      **T Shirt & Jacket - Sea Green**      **Pant – Grey**



✓ **AFI 'A' & 'B' (FTO/FSTO):**      **T Shirt & Jacket - Cyan Blue**      **Pant – Grey**





✓ **Volunteers (Including SSVs):**

**T Shirt– Maroon Red.**

**Pant – Black**



**Notes**

- Grey Pant and Black Sports Shoes shall be common for all Technical Officials i.e. Organisational Delegate (OD), Technical Delegate (TD), National Technical Official (NTO), Federation Technical Official (FTO) & Federation State Technical Official (FSTO).
- The LOC (Local Organising Committee) will be advised to provide or organize Uniform for SSVs (Sports Specific Volunteers) & Volunteers. If LOC manages to rope in any sponsor of the Competition, then they may use sponsor's Logo on the Cap, that may be used by the Officials & Volunteers.
- The Pattern & Design of Uniform is standardized and the agency has been asked to strictly adhered to the guidelines approved by AFI.

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